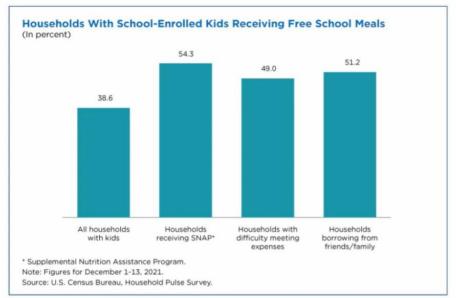




September is right around the corner, but students aren't back in school yet!

During this month's meeting, we discussed how food insecurity is on the rise and many families count on the meals provided in schools. The Share Food Program has a searchable database to find food distribution sites all around the Greater Philadelphia area, including Delaware County.



The Share Food Program has a searchable database with several locations in Delaware County!

Learn more

Interested in learning more about food access and urban agriculture?

Check out the following sources:

- Ruth Bennett Community Farm located right in Delaware County! Check out the distribution schedule for amazing free boxes of produce!
- <u>FarmerJawn</u> urban farm project based in Philly! They are focused on land stewardship, food access, food justice and food waste.
- The Edible Schoolyard Project based in Stockton, California, they support community health and wellbeing by providing access to food, land, and learning experiences for students and families. The farm also provides produce directly to South Stockton schools.
- Chester Upland School District started the Think and Grow Ag Lab hydroponic farm!

August 2023 Spotlight

ACCESS Chester Community Center

Presenter: Sr. Cathy McGowan SSJ

Our presenter, Sister Cathy McGowan, provided an overview of ACCESS and future goals for the community center.

If you would like to contact Sister Cathy for more information on services, volunteer or partnership opportunities, click here.

Learn More

During the August CTC meeting, we asked attendees to answer the following trivia question:

Q: "In the 1920s, there were over 1 million Black farmers in the U.S. As of 2021, how many Black farmers are there in the U.S.?"

A: 45,000

Source: "We Are Each Other's Harvest: Celebrating African American Farmers, Land, and Legacy" by Natalie Baszile



Congratulations to our August CTC trivia winner, Tyhesha Johnson from Family Support Line!

DELAWARE COUNTY CTC NETWORK ANNOUNCEMENTS AUGUST 2023

August 2023

Chester Education Foundation

Dionna Coleman, Chester Education Foundation's Program Manager, announced the successful launch of CEF's Jetter Center Pharmacy Tech program in July. The Jetter Center, named in honor of Chester educators, Marie and Cynthia Jetter, includes Chester Education Foundation's college and career programs. The Pharmacy Tech program combines ten weeks of classroom instruction with 150 hours of paid internship in partnership with local pharmacies. This in-demand occupation is a great entry level opportunity for someone who is interested in the health sector.

The Foundation is proud to partner with Dr. Kristin Motley, PharmD and a Chester Education Foundation alum on this program. We are also proud to share that the response from the community was so enthusiastic that the initial goal of 10 participants was quickly exceeded and the inaugural class doubled to twenty!

For more information on CEF's programs, please contactcef@chestereducation.org.

Chester Upland School District



August 2023

DELCO ERA



DELAWARE COUNTY EMERGENCY RENTAL ASSISTANCE PROGRAM (DELCO ERA)

Delaware County Emergency Rental Assistance Program (Delco ERA) has received additional funds from the Commonwealth of Pennsylvania which will be used to make grants for rental support to eligible households. The application will be open on July 10, 2023 to assist eligible renters in Delaware County. It will remain open until all funds are obligated.

Threshold Criteria

- 1. Rental property address is located in the County.
- 2. Applicant household has suffered income loss and/or disruption during or due to Covid-19.
- 3. Applicant household income is no more than 80% AMI for household size.
- 4. Applicant household is at risk of homelessness or housing instability as documented with a past-due rent or utility notice, or an eviction notice.

CUSTOMER SERVICE:

Phone: 484-729-4200

Fax: 610-672-9948

Email: info@delco-era.com

Website: https://delco-era.com

August 2023

Chester Chaplains Corps



August 2023

Team S.T.R.I.V.E.



August 2023

Widener University

About SWCS

Social Work Counseling Services (SWCS) is a human services agency of the Center for Social Work Education that serves a dual mission of helping the community, while also providing internship experiences in an agency setting, offering real-world generalist or clinical social worker experience.

Eligibility for Services

- · 18 and over
- Not currently receiving therapeutic services elsewhere

Contact Us



Social Work Counseling **Services**



Contact Us

Our Website



Our Address

Hannum House 524 East 14th St Chester, PA 19013 Intersection of 14th and Walnut Meeting people where they are... supporting where they want to be.

August 2023

Child and Family Focus

Call for Respite Provider



CAREGIVERS, DO YOU NEED A BREAK?!

Child and Family Focus

CHILDREN'S
MENTAL HEALTH
RESPITE
PROGRAM

EMAIL: RESPITE@CHILDANDFAMILYFOCUS.ORG

CALL: 610-732-8682

VISIT: WWW.CHILDANDFAMILYFOCUS.ORG

FIND OUT IF YOUR FAMILY IS ELIGIBLE FOR FREE RESPITE CHILD CARE:

Children ages 3–21 with a mental health diagnosis, and mental health services, residing in Bucks, Chester, or Delaware Counties may be eligible.



August 2023

Keep Music Alive

Musical Instrument Petting Zoo

Acoustic/Electric Guitars, Ukuleles Keyboards and Percussion Service Hours

Tue 8/15 – Haverford Library, 6:30 to 8:30 PM

Wed 8/16 - Overbrook Park Library, 11 AM to 1 PM

Sat 8/19 – Back to School Giveaway @ Fairgrounds 11 AM

Fri 8/25 - Havertown YMCA Block Party - 5 PM to 8 PM

Sat 8/26 - Unity Day - Sapovits Park Media - Noon to 4 PM

Thu 8/31 - Lansdowne Public Library - Noon to 2 PM







Volunteer

Available for

HS Students







Presented by Keep Music Alive www.KeepMusicAlive.org

Keep MUSIC Alive

August 2023

DCHD x PennState Extension

Are you a Certified Food Manager?

If you are the owner or manager of a business that prepares food, then you are required to be a Certified Food Manager. *

The Delaware County Health Department is partnering with Penn State Extension and offering a 2-day class for you to become a Certified Food Manager.

Classes will be held at:

DCHD Office at Baldwin Tower, 1510 Chester Pike, Suite 700, Eddystone, PA 19022

Space is limited so please register online at

https://extension.psu.edu/servsafer-54

*does not apply to certain types of food establishments deemed by the DCHD to pose minimal risk of causing foodborne illness based on the extent of the food preparation

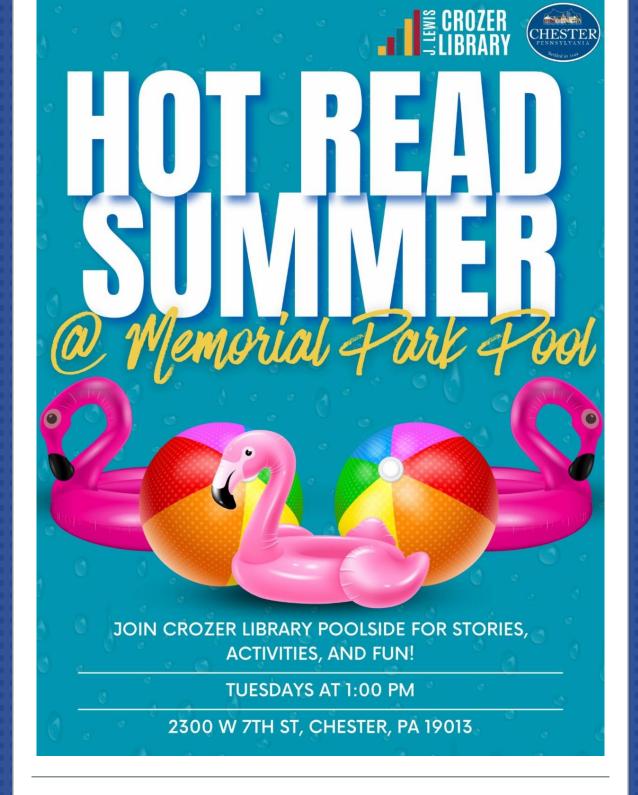






August 2023

J. Lewis Crozer Library



August 2023

Holcomb Behavioral Health Systems

Holcomb Behavioral Health Systems is pleased to offer the following programs FREE to Delaware County Schools & Community Organizations

Positive Action (1st-3rd Grade): Positive Action is a 6-lesson program which encourages students to make positive choices. It works by teaching and reinforcing that you feel good about yourself when you do positive actions, and there's a positive way to do everything. Positive Action is designed to improve academic achievement, school attendance, and problem behaviors.

Keep A Clear Mind (4th-6th Grade): KACM is a 5-lesson program that introduces the topics of Alcohol, Tobacco, Marijuana, and Making Good Choices, and the harmful effects and consequences of each substance. Each week, a Prevention Specialist will introduce the weekly topic and students are given a workbook to be completed with a parent or guardian at home. KACM encourages parents and youth to start the discussion of drugs and alcohol prevention together at home. KACM is a great way to increase parent engagement in your school!

We Know BETter (4th-9th Grade): We Know BETter is a skill building program that will help students from 4th through 9th grade live lives free of alcohol, tobacco, other drugs and gambling. Problem areas addressed include; media's influence on decision making, perception of peer use and engagement in risky behaviors, and understanding that gambling is a risky behavior.

Safe Dates (6th-12th Grade): Safe Dates is a highly engaging and interactive 6-8 session program designed to stop or prevent the initiation of emotional, physical, or sexual abuse between individuals in a dating relationship. Teens learn to recognize the difference between caring, supportive relationships and controlling, manipulative, or abusive relationships.

AVOID (6th-12th Grade): The Anti-Vaping Online Information Dissemination (AVOID) Program is a mediabased online prevention toolkit for vape prevention for middle and high school students. It is presented in one-hour weekly sessions, for five weeks. AVOID contains brief educational videos and discussion guides. The videos engage students and provide information. The accompanying discussion guides help Prevention Specialists present these videos to youth and conduct a deeper conversation on vaping topics.

Environmental Campaigns (All Ages): These monthly campaigns aim to break the belief that "everyone is doing it" and educate youth through printed materials, speaking engagements, and activities that, in fact, most youth today are not using drugs or alcohol.

Stall Stories (All Ages): Stall Stories are monthly flyers which highlight environmental campaigns that aim to increase awareness and educate the community on important topics to prevent ATOD use.

2023-2024





Holcomb Prevention - Delaware County



@hbhspreventiondelco

For additional information please contact Allison Doherty at Allison.Doherty@chimes.org

These programs are coordinated by Holcomb Behavioral Health Systems and funded by the Delaware County Department of Human Services, Division of Drug and Alcohol.

August 2023

Marcus Hook Area Neighbors For Public Health



@marcushookareaneighbors

We want YOUR help to create art for Marcus Hook Area Neighbors for Public Health!

Our Theme: Reimagine Your Environment!

What if there were no tank farms or industrial sites in our community? What could the land be used for instead, and what could that look like? Imagine something that you would build or change in our community to make it a healthier place, and then bring it to life in your art!

- Contest open to residents aged 5-21 living in the 19061 and 19013 zip codes. (Submissions from other communities are welcome but will not be eligible for cash prizes)
- Winners will be selected from two age categories: ages 5-12 and 13-21
- Entries should be 11"x14" (1375x1750 px) in any medium including digital art
- 5-10 finalists in each age group will be chosen by Marcus Hook Area Neighbors leadership team, depending on number of entries
- Community members will vote to choose a winner from the finalists via social media and email
- Winners will receive a cash prize according to their age category (\$100 ages 13-21 and \$75 ages 5-13) and their designs will be featured on Marcus Hook Area Neighbors merch such as t-shirts and totes
- Participants will be invited to show their entries at a community art show and other events

To enter:

Submit scanned artwork to marcushookneighbors@gmail.com
Please include: artist's name, address (will not be made public), and
age, along with a title and description of the piece. Submissions will
be accepted until November 1, 2023

August 2023





Community Health Assessment





We need YOUR help!



What matters to you?

The Delaware County Health Department and its partners in the community will use this information to find out what health issues you care about and your ideas to make our community healthier.

Or Click Here for Survey

Results Link

August 2023

Clean Air Council



Do you have concerns about how the environment impacts your health and your family's health? Take the ASSESS survey to make your voice heard!

Are you 18 or over and living in Boothwyn, Chester City, Chester Township, Eddystone, Linwood, Marcus Hook, Ogden, Parkside, Trainer, Twin Oaks, Upland or Upper Chichester? If you answered yes to these questions, we would like to invite you to complete our survey!

The Clean Air Council, Johns Hopkins Bloomberg School of Public Health, Energy Justice Network, Marcus Hook Area Neighbors for Public Health, and Delco Environmental Justice are conducting a study to investigate the strengths, stressors, and needs of Southern Delaware County communities, as well as health concerns among residents. As part of this study, we are conducting a community health survey. This study will provide information that can be used to advocate for improved public health in the communities of Southern Delaware County. Our study also aims to engage policymakers in the issues that matter most to residents and to empower future community research efforts.

The survey will require approximately 15 to 25 minutes to complete. Participants will be compensated with a \$10 gift card for completion of all required questions in the survey. Participants may also be entered into a raffle to win one of three additional \$50 gift cards if they choose. In order to qualify for participation, you must be 18 and up, live within the study area as listed above, and must provide an email address.

Following the completion of the survey, there will be an opportunity to participate in a focus group which will further investigate the intersection of physical, mental, and community health concerns. Additional compensation will be provided for participation in the focus group. Don't miss this opportunity to engage in these important conversations so that we can work together to advocate for better health outcomes in our community!



To take the survey scan the QR code with your smart phone camera or visit: redcap.link/assess_survey Password: healthy families





Give Delaware County children the opportunity to thrive!

Voices for Children brings together committed citizens and local leaders in human services, government, business, faith, philanthropy, education, and advocacy to ensure that all Delaware County children have opportunities that can lead to hopeful and healthy lives.

We are actively seeking individuals from traditionally marginalized communities to inform our work as we elevate their voices and engage in advocacy. People who identify at BIPOC, LGBTQ+, neurodivergent, or living with physical disabilities, and people who have navigated the juvenile justice, foster care, or mental health systems are especially encouraged to attend our Action Team meetings. Join us the first Wednesday of the month at 2:00 by going to https://tinyurl.com/586hbc3x or scanning the QR code below.







VoicesForChildrenDelco.org

Voices for Children is a project of CASA Youth Advocates serving Delaware and Chester counties.



Who We Are

We are a coalition of human service, government, philanthropic, and individual advocates in Delaware County.

Our Mission

Our mission is to improve the lives and well-being of children by strengthening families and systems in Delaware County.

Our Vision

All children in Delaware County will benefit from robust resources, responsive services and advocacy, and seamless interagency learning and coordination.

- Community: Our community drives our priorities, goals, and strategies.
- Collaboration: Strong connections, coordination, and partnerships are the foundations of our work.
- Equity: We work to ensure that all children have access to the opportunities, networks, resources, and supports that they need to enjoy healthy childhoods.
- Systems Change: We believe the best way to achieve long-term improved outcomes for children
 is to improve the way systems work, which includes a stronger focus on prevention.
- Trust: We believe in each other and in our collective potential to achieve positive change.

Contact

Elisha Coffey, Advocacy Coalition Coordinator VoicesforChildren@delcocasa.org



Voices for Children is a project of CASA Youth Advocates and is funded by The Foundation for Delaware County and The Pennsylvania Commission on Crime and Delinquency

CASA Youth Advocates serving Delaware and Chester Counties does not discriminate on the basis of race, color, religion (creed), gender, sexual orientation, gender identity or expression, age, national origin (ancestry), disability, marital status, or military status, in any of its activities or operations.

August 2023

Street Sweep Schedule

STREET

SWEEPING

Monday & Thursday

8:00am to 2:00pm

Week #15 -

Monday, 8/14/2023 -

10th & Lloyd St to 6th & Lloyd St. Plus 10th & Pusey St to 6th St, both sides of the street.

Thursday, 8/17/2023 -

9th & Lincoln St to 6th St.
Plus 9th & Butler St to 6th St.,
both sides of the street

Week #16 -

Monday, 8/21/2023 -

Starting at Lincoln & Concord, All of Concord Rd, ending at 291 both sides of the street

Thursday, 8/24/2023 -

7th & Engle to Penn St. Plus, Penn St to 3rd St. both sides of the street.

August 2023

Alzheimer Association



- » Speak confidentially with master's-level care consultants for decision-making support, crisis assistance and education on issues families face every day.
- » Learn about the signs of Alzheimer's and other dementias.
- » Get general information about medications and other treatment options, and legal, financial and care decisions.
- » Find out about local programs and services.
- » Receive help in their preferred language through our bilingual staff or translation service, which accommodates more than 200 languages.
- » Access support through our TTY service (TTY: 866.403.3073) if assistance is required via a teletype device.

This project was supported, in part by grant number 90AC2811-01-00 from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 2020. Grantees undertaking projects with government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official ACL policy.

alzheimer's \bigcap association

800.272.3900 | alz.org®

alz.org/delval

August 2023

The Scott Arboretum of Swarthmore College

Become a **Plant Hero** this summer at the Scott Arboretum



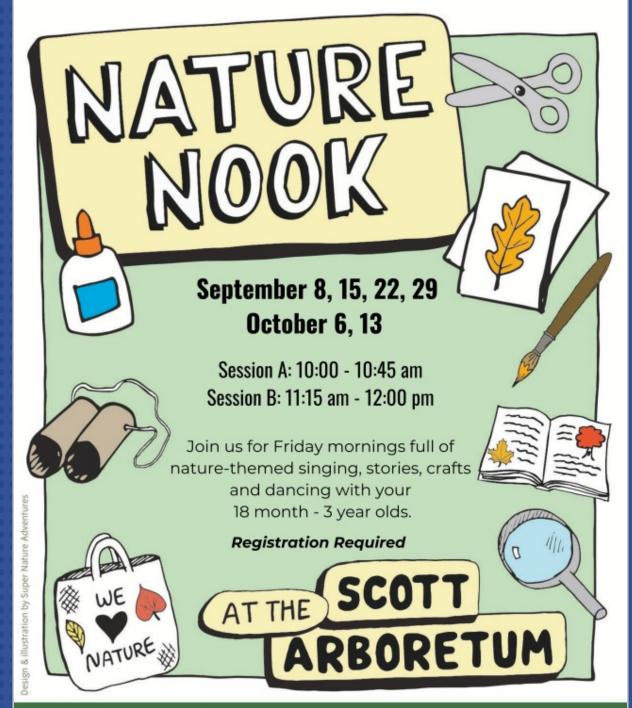
Stop by the Scott Arboretum office brochure boxes for free self-guided youth journals from June - August.

New journals will be available each month!



500 College Ave, Swarthmore PA 19081 scottarboretum.org 610-328-8025







Visit the Scott Arboretum FREE and open to the public 365 days a year

Learn more at scottarboretum.org

August 2023

POCM Healthcare Center



PCOM Healthcare Center - Lancaster Avenue Division

COMMUNITY DAY



Sunday, August 20, 2023 | 12-5 PM

JOIN US FOR A DAY OF WELLNESS, FUN AND EDU-TAINMENT

Health Screenings, Backpack Giveaway, Food Demos, Free Haircuts, Free Food, DJ, Fun Activities for Kids and more!



POCM HEALTHCARE CENTER – LANCASTER AVENUE DIVISION 4148 LANCASTER AVENUE | PHILADELPHIA PA

Please join us for the September CTC meeting on Thursday, September 14th at 9:00AM.

ZOOM INFORMATION FOR MEETING Zoom ID: 955 2608 7607

Passcode: 982073

Join Zoom Meeting
https://zoom.us/j/95526087607?
pwd=NG9BeWpMTFdVNnJSSHJGZm1EQmNWdz09



Visit CEF's website





The CTC Newsletter is funded in part by the COPE Grant which is Coordinated by Holcomb Behavioral Health Systems, and funded by the Delaware County Department of Human Services, Division of Drug of Alcohol.

Chester Education Foundation | Chester Education Foundation, 419 Avenue of the States , Suite 700, Chester, PA 19013

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