



A SPECIAL THANK-YOU TO THE 2023 CTC SPOTLIGHT PRESENTERS!

January

Brittani Hales

Community Engagement Specialist Delaware County Planning Department

Angie Johnson Director of Prevention Programs The Boys & Girls Club of Chester

March

Patricia Trippley-Demiranda Co-Founder, CEO The Trippley Foundation

April Eve Miari

Delaware County Programs Director Clean Air Council

Kaiden Levy Program Coordinator Breastfeeding Support for Chester Families American Academy of Pediatrics (PA Chapter)

June

Onaje Muid (aka Dr. O)

Fatherhood Program Coordinator The Foundation for Delaware County

July

(no meeting)

August Sr. Cathy McGowan SSJ ACCESS Chester Community Center

September

Elizabeth A. Lee-Holmes
Keystone First Wellness and Opportunity Center

Barry Johnson & Wayne Garrett Uplift Solutions

October

Community Violence Intervention Coordinator CASA Youth Advocates Safer Schools Stronger Neighborhoods Coalition

Angie Johnson
Director of Prevention Programs
Boys & Girls Club of Chester
Safer Schools Stronger Neighborhoods Coalition

November

Cory Long Executive Director Making a Change Group Safer Schools Stronger Neighborhoods Coalition

December

Lashira Council & Sr. Marijane
Chester Community Coalition
Safer Schools Stronger Neighborhoods Coalition

Lauren Sands

Director J. Lewis Crozer Library



December 2023 Spotlight

Chester Community Coalition

(a Safer Schools Stronger Neighborhoods Coalition Member*)

Presenter: Lashira Council & Sister Marijane

Thank you to Lashira and Sister Marijane for providing an overview of the important work Chester Community Coalition (CCC) is doing in the community.

MISSION

CCC supports communities affected by gun violence, provides tools for coping with and processing trauma on the journey towards holistic healing while considerate of the needs of its members.

VISION

Cultivate community, empower healing and hope to build peace for those impacted by violence and trauma in Delaware County.

There are many resources available to support your healing in the City of Chester and Delaware County. Get help to apply for financial compensation for costs of a crime—medical expenses, loss of earning, loss of support. People over 55 are eligible for special assistance from Victims Services. Widener University, Crozer Keystone Behavioral Health, Omni Behavioral Health all provide individual therapy.

Find more resources here.

For more information on CCC's programs, click here.

To contact Lashira Council, click <u>here</u>. To contact Sister Marijane, click <u>here</u>.

*Safer Schools Stronger Neighborhoods Coalition is focused on increasing local coordination to more effectively prevent, intervene and respond to gun and group violence among those between 11- and 24-years-old in the city of Chester. Coalition members include: CASA Youth Advocates, Boys & Girls Club of Chester, Chester Community Coalition, Making a Change Group, and Chester Education Foundation.)

December 2023 Spotlight

J. Lewis Crozer Library

Presenter: Lauren Sands, Director

Thank you to Lauren Sands for providing an overview of the important work J. Lewis Crozer Library is doing in the community.

MISSION

The mission of the J. Lewis Crozer Library is to provide equal access to information for all, ensure understanding of relevant community needs in the city of Chester and beyond, and foster lifelong learning, empowerment, and success for all ages. The library actively supports schools and collaborates with other partners to enhance learning and promote reading education within the community we serve.

VISION

Cultivate community, empower healing and hope to build peace for those impacted by violence and trauma in Delaware County.

The J. Lewis Crozer Library will be a model among public libraries and nonprofit organizations, as an essential component of life in the Chester community, reflecting innovation in a dynamic environment. The library will epitomize an inviting and welcoming space that fosters a sense of the best of the traditional and 21st Century roles of libraries as leaders in promoting access to information and fostering learning and social and civic engagement.

For more information on the Crozer Library's programs, click here.

To contact Lauren Sands, click here.

During the December CTC meeting, we asked the following trivia question:

Q: Kyj's Bakery is an institution in Delaware County! The location in Chester has been open for _____ years.

A: 69

Congratulations to our December CTC trivia winner, Stephanie Hilburn from Jefferson Health Plans.



Support Kyj's

DELAWARE COUNTY CTC NETWORK ANNOUNCEMENTS DECEMBER 2023

Chester Education Foundation

CHESTER EDUCATION FOUNDATION DIGITAL NAVIGATOR SERVICES

WHAT IS A DIGITAL NAVIGATOR?

DIGITAL NAVIGATORS ARE TRUSTED GUIDES WHO ADDRESS THE WHOLE DIGITAL INCLUSION PROCESSHOME CONNECTIVITY, DEVICES, AND DIGITAL SKILLS.

WE CAN HELP YOU:

- Sign up for FREE or low-cost broadband internet through the Affordable Connectivity Program (ACP)
- Find & enroll in a digital skills class, or get connected with an adult education or workforce program
- Assistance with obtaining a free or low-cost device (i.e. laptop, desktop, tablet)
- · and MORE!



FOR MORE INFORMATION:

Website: www.chestereducation.org Email: digitalnavigator@chestereducation.org

Email: digitalilavigator@cnestereddcation

Phone: (610)364-1212 ext. 106



Chester Education Foundation is part of the Digital Navigator Network through the support of the United Way of Greater Philadelphia and Southern NJ

Learn more

December 2023

J. Lewis Crozer Library

EARLY LEARNING RESOURCE CENTER © OTELS OF OLD DIRECTOR THE BROWN LEAVE DEAV LEAVEN

EARLY CHILDHOOD RESOURCE CENTER REGION 15

VISIT THE
J. LEWIS CROZER
LIBRARY TO PICK
UP A FREE
WINTER COAT
FOR YOUR
CHILD!





620 ENGLE ST. CHESTER, PA 19013

CHILDREN'S WINTER COAT GIVEAWAY



10 AM TO 1 PM



WEDNESDAY

20
DECEMBER

AVAILABLE SIZES RANGE FROM 3T TO 16. QUANTITIES ARE LIMITED!

December 2023

Media Fellowship House



Apply today

December 2023

Child and Family Focus



CAREGIVERS, DO YOU NEED A BREAK?!

Child and Family Focus

CHILDREN'S
MENTAL HEALTH
RESPITE
PROGRAM

EMAIL: RESPITE@CHILDANDFAMILYFOCUS.ORG

CALL: 610-732-8682

VISIT: WWW.CHILDANDFAMILYFOCUS.ORG

FIND OUT IF YOUR FAMILY IS ELIGIBLE FOR FREE RESPITE CHILD CARE:

Children ages 3-21 with a mental health diagnosis, and mental health services, residing in Bucks, Chester, or Delaware Counties may be eligible.



December 2023

I-Lead

It's Never Too Late to Get Your College Degree!

Whether you are just graduating high school or always wanted to get your degree (or finish your degree) the ACE program is perfect for you!



The Achieve College Education (ACE) program is a collaboration developed by I-LEAD, Inc. that brings together community-based organizations and Harcum College to provide associate degree programs for traditionally under-served students. Since 2005, more than 1,500 working adults have earned an associate degree. With full accreditation by the Middle States Commission on Higher Education, graduates can transfer credits to bachelor's degree programs.

I-LEAD designed the ACE college program to address the primary barriers underserved working adults face: time, cost, preparedness, and lack of familiarity with higher education systems. ACE offers affordable tuition, an accelerated format, and evening courses which meet twice a week online in real-time with a live instructor and classmates. Most importantly, the ACE partners work together to support student success from application through to graduation, including navigation of the financial aid process and college administration.

For more information, contact Nolan Fontaine: nolan.fontaine@i-leadusa.org

Foster Youth Can Attend College for Free!

Did You Know....
That Youth Who Entered Foster Care
Before Age 16 Can Attend College For Free?



I-LEAD, a non-profit that has helped more than 1,500 working adults earn an associate degree, helps foster youth and resource parents find the right college that fits your needs. Our College Coach will help you complete the financial aid forms, apply for scholarships that will allow youth to remain on campus over holidays and breaks, connect with an on-campus advisor, and so much more!

Want to learn more? Contact Cynda Clyde: cclyde@i-leadusa.org

December 2023

Holcomb Behavioral Health Systems

Holcomb Behavioral Health Systems is pleased to offer the following programs FREE to Delaware County Schools & Community Organizations

Positive Action (1st-3rd Grade): Positive Action is a 6-lesson program which encourages students to make positive choices. It works by teaching and reinforcing that you feel good about yourself when you do positive actions, and there's a positive way to do everything. Positive Action is designed to improve academic achievement, school attendance, and problem behaviors.

Keep A Clear Mind (4th-6th Grade): KACM is a 5-lesson program that introduces the topics of Alcohol, Tobacco, Marijuana, and Making Good Choices, and the harmful effects and consequences of each substance. Each week, a Prevention Specialist will introduce the weekly topic and students are given a workbook to be completed with a parent or guardian at home. KACM encourages parents and youth to start the discussion of drugs and alcohol prevention together at home. KACM is a great way to increase parent engagement in your school!

We Know BETter (4th-9th Grade): We Know BETter is a skill building program that will help students from 4th through 9th grade live lives free of alcohol, tobacco, other drugs and gambling. Problem areas addressed include; media's influence on decision making, perception of peer use and engagement in risky behaviors, and understanding that gambling is a risky behavior.

Safe Dates (6th-12th Grade): Safe Dates is a highly engaging and interactive 6-8 session program designed to stop or prevent the initiation of emotional, physical, or sexual abuse between individuals in a dating relationship. Teens learn to recognize the difference between caring, supportive relationships and controlling, manipulative, or abusive relationships.

AVOID (6th-12th Grade): The Anti-Vaping Online Information Dissemination (AVOID) Program is a mediabased online prevention toolkit for vape prevention for middle and high school students. It is presented in one-hour weekly sessions, for five weeks. AVOID contains brief educational videos and discussion guides. The videos engage students and provide information. The accompanying discussion guides help Prevention Specialists present these videos to youth and conduct a deeper conversation on vaping topics.

Environmental Campaigns (All Ages): These monthly campaigns aim to break the belief that "everyone is doing it" and educate youth through printed materials, speaking engagements, and activities that, in fact, most youth today are not using drugs or alcohol.

Stall Stories (All Ages): Stall Stories are monthly flyers which highlight environmental campaigns that aim to increase awareness and educate the community on important topics to prevent ATOD use.

2023-2024



G

Holcomb Prevention - Delaware County



@hbhspreventiondelco

For additional information please contact Allison Doherty at Allison.Doherty@chimes.org

These programs are coordinated by Holcomb Behavioral Health Systems and funded by the Delaware County Department of Human Services, Division of Drug and Alcohol.

December 2023

Alzheimer Association



- » Speak confidentially with master's-level care consultants for decision-making support, crisis assistance and education on issues families face every day.
- » Learn about the signs of Alzheimer's and other dementias.
- » Get general information about medications and other treatment options, and legal, financial and care decisions.
- » Find out about local programs and services.
- » Receive help in their preferred language through our bilingual staff or translation service, which accommodates more than 200 languages.
- » Access support through our TTY service (TTY: 866.403.3073) if assistance is required via a teletype device.

This project was supported, in part by grant number 90AC2811-01-00 from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 2020. Grantees undertaking projects with government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official ACL policy.

alzheimer's % association

800.272.3900 | alz.org®

alz.org/delval

December 2023

Penn State Extension

Penn State Ext. Nutrition Links provides FREE (to clients and agencies) nutrition classes to: pregnant women, parents (and grands) raising children under the age of 20, and 18- to 25-year olds, all of whose household income is 185% or less of the National Poverty Level. You can reach me at szk6517@psu.edu for more information.

Learn more

NAACP

Program will start at Chester Eastside Ministries for climate change.

If you are interested in knowing more about the NAACP program on climate change, email me at willrichan@comcast.net



December 2023

Chester Children's Chorus

"Americans Who Tell The Truth" Exhibit

Learn more

Calendar of events.



December 2023

Chester Upland Youth Soccer

Calendar of events.

View Calendar

December 2023

Keystone First Wellness and Opportunity Center

Keystone First will offer resources for improving overall health and well-being. We will connect you to programs for mind, body, and spirit. These programs may include:

- · Art classes.
- Music performances and classes.
- Exercise and fitness classes.
- Educational opportunities.
- Job training and employment readiness.
- Access to computers and printing.
- GED classes.
- · Cooking demonstrations.

- Weekly food pantry.
- Caregiver support.
- Loss and bereavement groups.
- Help with understanding plan benefits and services.
- · Health education and screenings.
- · Community resource information.

Regular hours

Monday through Friday: 9 a.m. – 5 p.m.

Please call the center at 1-610-245-9847 for information on special programming.

Please join us for the January CTC meeting on Thursday, January 11th at 9:00AM.

ZOOM INFORMATION FOR MEETING

Zoom ID: 955 2608 7607 Passcode: 982073

Join Zoom Meeting
https://zoom.us/j/95526087607?
pwd=NG9BeWpMTFdVNnJSSHJGZm1EQmNWdz09



Visit CEF's website





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Chester Education Foundation | Chester Education Foundation, 419 Avenue of the States , Suite 700, Chester, PA 19013

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