



***Please join us for the March CTC meeting on
Thursday, March 10th at 9:00AM.***

ZOOM INFORMATION FOR MEETING

Zoom ID: 955 2608 7607

Passcode: 982073

Join Zoom Meeting

[https://zoom.us/j/95526087607?](https://zoom.us/j/95526087607?pwd=NG9BeWpMTFdVNnJSSHJGZm1EQmNWdz09)

[pwd=NG9BeWpMTFdVNnJSSHJGZm1EQmNWdz09](https://zoom.us/j/95526087607?pwd=NG9BeWpMTFdVNnJSSHJGZm1EQmNWdz09)

Spotlight

This month's CTC Spotlight was a Panel Discussion, "College Students' Engagement in the Chester Community" featuring Widener University's Office of Civic Engagement, Widener University's Center for Social Work Education, and Swarthmore College's Lang Center for Civic and Social Responsibility.

CTC members learned about Widener University's Bonner and Maguire Scholar Programs through which students volunteer in organizations and schools throughout Chester. The Center for Social Work Education shared information about BSW and MSW Field Placement Internships. CTC members also learned about Swarthmore College's Chester Semester Program whose purpose is to facilitate committed student engagement through partnering with visionary leaders in the city of Chester.

To learn more about partnering with Widener or Swarthmore for any of these programs please contact:

Widener Office of Civic Engagement- LaShanda A Patton, lapatton@widener.edu

Widener Center for Social Work Education-
Regina Rothe, LCSW, rmrothe@widener.edu

Swarthmore College's Lang Center for Civic and Social Responsibility-
Ashley Henry, ahenry1@swarthmore.edu

DELAWARE COUNTY CTC NETWORK ANNOUNCEMENTS FEBRUARY 2022

February 2022

Chester Residents Concerned for Quality Living (CRCQL)
Environmental Justice Petition

[Sign Now](#)



February 2022

KidsPeace Clinical Cafe
School-Based Outpatient Therapy

KidsPeace, with co-sponsor NASW-PA Chapter, presents the first Clinical Café of 2022. Join us as we discuss school-based outpatient therapy, including how youth are referred, implementation of services and the treatment youth receive

[Register](#)



Clinical Café

School-Based Outpatient Therapy: A New Way to Serve the Community

Wednesday, March 2, 2022

Come talk about:

- ✓ What is school-based outpatient therapy and how is it implemented
- ✓ How are people referred and the treatment they receive, including how confidentiality, caregiver involvement, and collaboration with interdisciplinary teams works
- ✓ How school-based services were provided through COVID, as well as future opportunities

Presenters:

Jessica Keefe, MSW, LSW, Senior Clinician, KidsPeace



Thespina Godshalk, MS, LPC, Clinical Director of School-Based Behavioral Health, LVHN

Jessica and Thespina collaborated to implement their independent programs in a local school district where both organizations serve as community partners, and will share their experiences.

Webinar Event: 9AM-12PM via Zoom

Training is free! CEs are available. Register and purchase CEs through Eventbrite

[CLICK HERE TO LINK TO EVENTBRITE](#)

Deadline for registration: February 25, 2022

NASW-PA Chapter is a co-sponsor of this workshop. Fee: \$45 for NASW members / \$60 for non-members

- 3 CEs will be awarded for completion of this course. NASW has been designated as a pre-approved provider of professional continuing education for Social Workers (Section 47/36, Marriage and Family Therapists (Section 48.36) and Professional Counselors (Section 49.36) by the PA State Board of Social Workers Marriage & Family Therapists and Professional Counselors.
- 3 CEs PSNA for Nursing
- Act 48 Credits for Educators

Presented by the
KidsPeace Institute
Promoting Educational Excellence in Behavioral Health Care

February 2022

Holcomb Behavioral Health Systems
2022 Poster Contest (Kindergarden-8th Grade Students)

2022 Alcohol, Tobacco, and Other Drugs Awareness Poster Contest Packet

Contents:

Informational Letter
Instructions
Guidelines
Fact Sheet
Name Labels
Category Labels

**Entry Deadline:
Friday, March 11th, 2022**

Funded By:
The Delaware County Department of Human Services,
Division of Drug and Alcohol

Coordinated By:
Holcomb Behavioral Health Systems, Prevention and Education
126 E. Baltimore Ave., Media, PA 19063
Phone: 484-444-0412

Holcomb Behavioral Health Systems
Free Programming

Holcomb Prevention Deserves Your Attention!

Holcomb Behavioral Health Systems is pleased to offer the following programs FREE to Delaware County Schools & Community Organizations

Keep A Clear Mind (4th-6th Grade): KACM is a 5-lesson program that introduces the topics of Alcohol, Tobacco, Marijuana, and Making Good Choices, and the harmful effects and consequences of each substance. Each week, a Prevention Specialist will introduce the weekly topic and students are given a workbook to be completed with a parent or guardian at home. KACM encourages parents and youth to start the discussion of drugs and alcohol prevention together at home. KACM is a great way to increase parent engagement in your school!

Safe Dates (6th-12th Grade): Safe Dates is a highly engaging and interactive 6-8 session program designed to stop or prevent the initiation of emotional, physical, or sexual abuse between individuals in a dating relationship. Teens learn to recognize the difference between caring, supportive relationships and controlling, manipulative, or abusive relationships.

AVOID (6th-12th Grade): The Anti-Vaping Online Information Dissemination (AVOID) Program is a media-based online prevention toolkit for vape prevention for middle and high school students. It is presented in one-hour weekly sessions, for five weeks. AVOID contains brief educational videos and discussion guides. The videos engage students and provide information. The accompanying discussion guides help Prevention Specialists present these videos to youth and conduct a deeper conversation on vaping topics.

Positive Action (1-3rd Grade): Positive Action is a 6-lesson program which encourages students to make positive choices. It works by teaching and reinforcing that you feel good about yourself when you do positive actions, and there's a positive way to do everything. Positive Action is designed to improve academic achievement, school attendance, and problem behaviors.

Environmental Campaigns (All Ages): These monthly campaigns aim to break the belief that "everyone is doing it" and educate youth through printed materials, speaking engagements, and activities that, in fact, most youth today are not using drugs or alcohol.

Stall Stories (All Ages): Stall Stories are monthly flyers which highlight environmental campaigns that aim to increase awareness and educate the community on important topics to prevent ATOD use.

For additional information please contact Allison Doherty at Allison.Doherty@holcombbs.org



@HolcombPrevention

These programs are coordinated by Holcomb Behavioral Health Systems and funded by the Delaware County Department of Human Services, Division of Drug and Alcohol.

February 2022

The Foundation for Delaware County
Job Openings

Learn More

February 2022

Chester Education Foundation
Blueprint for Success Program



 SIGN UP

BLUEPRINT FOR SUCCESS PROGRAM NEED A JOB?


ARE YOU HIGH SCHOOL GRADUATE AND NEED HELP FINDING A GOOD JOB? ARE YOU BETWEEN 18-24 YEARS OLD AND RESIDE IN DELAWARE COUNTY?

IF YES...
CHESTER EDUCATION FOUNDATION'S BLUEPRINT FOR
SUCCESS PROGRAM IS FOR YOU!

BONUS! Students that complete the required activities are eligible for a FREE Chromebook from Chester Education Foundation!

This training is funded under the Workforce Investment Act, and administered by the Delaware County Office of Workforce Development



**Resume
Prep** 


**Interview
Coaching** 

**Paid
Internship** 

**Job
Placement** 

ELAINE GREENE UPTON

 EGREENE@CHESTEREDUCATION.ORG

 Call us now!
610-364-1212

February 2022

Child Guidance Resource Centers
Strengthening Families Program (Spring 2022)



Child Guidance Resource Centers is a private, non-profit, community behavioral health care organization with over 60 years of service dedicated to providing quality care and educational services that best meet the needs of children, youth and their families in the Delaware Valley.

To learn more,
contact Lisa
Schneller:

484-454-8700
x1484

www.cgrc.org

email:
lschneller@cgrc.org



Strengthening Families Program

Building stronger families for healthy futures.

The Strengthening Families Program is an evidence-based parenting skills, children social skills, and family life skills training program specifically designed for families. Both parents and children participate in this program that will improve parenting skills and family relationships, reduce problem behaviors, delinquency and alcohol and drug abuse in children and improve social skills and school performance.

STRENGTHENING FAMILIES BUILDS 5 PROTECTIVE FACTORS

- ☞ Parental resilience
- ☞ Social connections
- ☞ Knowledge of parenting and child development
- ☞ Concrete support in times of need
- ☞ Social and emotional competence of children

PARENTS WILL LEARN:

- ☞ How to effectively discipline & guide children
- ☞ Appropriate developmental expectations
- ☞ Making and integrating house rules
- ☞ Encouraging good behavior
- ☞ Protecting against substance abuse

CHILDREN WILL LEARN:

- ☞ How to set goals and dreams
- ☞ How to follow rules with parents, peers & teachers
- ☞ Skills to deal with stress
- ☞ Ways to handle peer pressure

WHO: Families with children between the ages of 6-11

WHAT: 14 virtual sessions with dinner provided.
Starting March 17, 2022

CONTACT: Lisa Schneller at lschneller@cgrc.org to register and learn more.

***This program is free & dinner will be delivered every week!
Enjoy incentives like board games for your family & more.***

Strengthening Families 6-11 is coordinated by Child Guidance Resource Centers and funded by the Delaware County Department of Human Services, Division of Drug and Alcohol

February 2022

Real Kids Real Food Online Program

If you are a parent or know parents with children of ages 3 - 12, consider signing them up for Real Kids Real Food, an award winning, FREE & FUN 10-week online program that meets on Saturdays from Feb. 5 - Apr. 9 at 10 - 11 AM EST!

Our Clubs have two age groups: 3 to 6 and 7 to 12. During our meetings, the kids enjoy preparing delicious and healthy recipes, exercising, and practicing mindfulness while becoming aware of how to have a healthy body and healthy lifestyle.

The Club Counselors are outstanding college health majors from a variety of universities such as Brandeis [Click here to meet the Counselors.](#)

Our 10-week Spring program begins on February 5th, 10 to 11 am EST and we are now accepting registration!

[Click here to register for the 3 - 6 Club](#)

[Click here to register for the 7 -12 Club](#)



**3 - 6
CLUB**

KIDS SPRING CAMP

**7 - 12
CLUB**

FREE! VIRTUALLY THROUGH ZOOM!
Sign up now. Limited space

Go to <https://realkidsrealfood.org/registration/> to register

**SATURDAYS
FEB 5 - APR 9
10 - 11 am EST**

**GREAT OPPORTUNITY
FOR PARENT-CHILD
RELATIONSHIPS**

FUN activities

- *Planting*
- *Exercises*
- *Art*
- *Win prizes*



- *Delicious recipes*
- *Healthy lifestyle*

DONATIONS FOR FOOD ARE ALWAYS WELCOME
<https://realkidsrealfood.org/donation-for-kids/>

For more information, visit www.realkidsrealfood.org or email betsy@realkidsrealfood.org

February 2022

I-Lead/Harcum College



EARN AN ASSOCIATE'S DEGREE THROUGH
HARCUM COLLEGE

Higher Education has come to your community!

FAST FACTS

- Full time student
- Attend 2 nights per week: 5:30 to 9:30 PM
- No SAT required
- Community-based scholarship available
- Financial Aid available
- Attend class in or near your community



MAJORS INCLUDE

Animal Center Management
Behavioral Health Science
Business Management
Early Childhood Education
Human Services

LOCATION

Prospect Park
800 Lincoln Ave
Prospect Park, PA 19016

FOR AN APPLICATION OR ADDITIONAL INFORMATION

cclyde@i-leadusa.org
877-427-7037 ext. 3

February 2022

Greener Partners
Farm Explorer

Greener Partners is a nonprofit that addresses food access, education, and sovereignty.

GREENER PARTNERS' FARM EXPLORER

FARM-TO-SCHOOL PROGRAMS 2021-2022



Greener Partners sparks curiosity in science and healthy eating with the **Farm Explorer**, a mobile farm with hands-on lessons about edible plants, seasonal eating, and nutrition.

Our **discovery-based programs** create **excitement** around growing, preparing, and eating fresh fruits and vegetables as kids dig in healthy soil, smell herbs, taste plants, and cook with ingredients they helped harvest.

Our farmer-educators bring a seed-to-plate experience right to your school or community site — in a farm on wheels bursting with +30 edible plants. It's fun, educational, and convenient!



EACH PROGRAM fits into a 45-60 minute class period and includes interactive science lessons linked to state standards, plus preparing and tasting a take-home recipe that provides students with one additional serving of fruits or vegetables that day.

OUR STAFF are farmers, educators, and cooks: true experts on food, from seed to plate.



FARM EXPLORER PROGRAM OPTIONS

Farm Explorer Truck: One farm truck visit, fall or spring: **1 outdoor visit with 1 educator**

Farm Explorer Classroom: One-time visit (without the truck) includes making and tasting a recipe: **1 classroom visit with 1 educator**

Farm Explorer Full Season: One outdoor farm truck visit in the fall or spring. Two indoor classroom visits in the winter months. The full season option connects youth to the source of food and the amazing science behind it: **3 visits with 1 educator**

FARM EXPLORER EXTRAVAGANZA

For large public events, outdoor school assemblies, libraries, and healthcare events, an "open-house" style presentation of the Farm Explorer and blender bike:

1 open-house visit for 3 hours with 3 educators

The Farm Explorer has been shown to increase willingness to try fruits & vegetables at school and ask to eat fruits & vegetables at home.

To schedule, please contact Jenny Dunker or visit www.greenerpartners.org

Phone: 610.584.6580 Email: jenny.dunker@greenerpartners.org

20% off all pricing for schools with 50% of students eligible for free and reduced price lunches

February 2022

Chester Upland Youth Soccer Soccer Coaches Needed

We are looking for new soccer coaches for our spring season. We provide a three hour online training and then pay \$15/hr for coaches to work at Chester schools from 3:45-5:15, typically as many days each week as they like. Background checks are required. Interested candidates can reach out to Jeannine@chesteruplandyouthsoccer.org

[Complete Form](#)

Chester Upland Youth Soccer and Main Street Elementary Zoom Soccer

Throughout the winter on virtual CUSD days and during inclement weather, Ms. Jackson and the Main Street Elementary team are leading Zoom soccer on Tuesdays, Wednesdays and Thursdays at 4pm. It can be accessed by all at:

February 2022

Child and Family Focus **Online Parent Group**

If anyone has parents/ caregivers/ foster parents/ grandparents interested in joining a parent online group- Lifeskills Parents- they can contact: Artheria at 484-649-8681 or by email at ataggart@childandfamilyfocus.org

February 2022

Education Voters PA **Vigil (March 15th, 2022)**

School Funding Lawsuit Advocates! We did it! All eyes are finally on public education funding in PA! We are so proud of the work you are doing to support the school funding lawsuit in your communities and in Harrisburg. As the historic PA school funding trial reaches its final weeks, parents, teachers, administrators, and education advocates like you from across the state are coming together in their communities for a momentous vigil. You are invited to join us on **March 15** to tell the decision-makers in Harrisburg now is the time to reform our school funding system; our children are counting on them to get this right. Get your friends, family, and neighbors together at a location that you choose, i.e. your yard, a living room, etc. to take a moment to reflect on the past few months of the trial and the impact education funding has on Pennsylvania's children. Small groups to large gatherings are encouraged.

If you have any questions, please reach out to Sandra Miller at sandra@educationvoterspa.org (610.248.4282) or Haley Kulp at haleyk@childrenfirstpa.org (610.350.6141)

[Learn More](#)

February 2022

Family and Community Service of Delaware County (FCSDC) **FREE rapid HIV testing**

Free HIV Testing

**FREE AND CONFIDENTIAL
RESULTS IN 60 SECONDS
NO HEALTH INSURANCE REQUIRED**

Appointments Available
Monday through Friday
Appointment times flexible



**Text or call 484-326-1038 or
email crepko@fcsdc.org**

**Family and Community Service of Delaware County (FCSDC)
Health Navigation Services (HNS)**

FCSDC is providing navigation services for Delco residents who are at an increased risk of contracting HIV and other STIs. FCSDC's HNS program assists with linkage to HIV and STI testing and treatment, PrEP/PEP services, condom distribution, health insurance, OB/GYN care, as well as other support services. Please see flyer for more details.

Health Navigation Services (HNS)



HNS is a free program that empowers you to take care of your sexual health. HNS can help with:

Transportation assistance for PrEP appointments (or other sexual health appointments) as needed

Completing necessary lab work

Scheduling appointments

Medication adherence

Obtaining health insurance

Linkage to PrEP financial support programs

Providing rapid HIV testing and safe sex kits

Reminder phone calls/text messages for appointments

Overcoming other barriers to care

For more information, please text, call or email:



Corinne Repko, LSW
she, her, hers

Prevention Program Coordinator

484-326-1038

crepko@fcsdc.org

February 2022

**The Foundation for Delaware County:
Pandemic resources for pregnant and
postpartum women in the Delaware County**

Denise R. Martin

Outreach and Engagement Specialist/Cribs For
Kids Coordinator

The Foundation For Delaware County
Baldwin Tower
1510 Chester Pike, Suite 300/301
Eddystone, PA 19022
Tele: (610) 619-6113
Cell: (267) 453-7342
Email: dmartin@delcofoundation.org

We know that this pandemic has brought additional challenges for many women who are pregnant or postpartum and for families with children under the age of 5. Now more than ever, families need assistance in accessing care and supportive services or obtaining resources and health education. The foundation's longstanding programs continue to enroll during this time and provide a critical lifeline to families with unmet needs. Our programs are voluntary for moms and easy to connect to

- **Healthy Start** is a Community Health Worker model with tiered case management services for pregnant women. Staff focus on healthcare access to help ensure full-term and healthy pregnancies, support breastfeeding and

infant care, manage information and resource coordination, connect moms with in-house counseling for Perinatal Mood and Anxiety Disorders or postpartum depressions, and civil legal assistance through our Medical Legal Partnership program.

- **Nurse Family Partnership** pairs first-time, low-income mothers with home visiting nurses throughout Delaware County. Women must be enrolled in the program prior to 28 weeks to be eligible for the program which continues until the baby's 2nd birthday. This relationship-based program focuses on healthcare access and health education, positive parenting, infant growth and development, and support for mom in working towards self-sufficiency. Enrolled mothers are also able to access behavioral health supports and civil legal assistance.
- **Delaware County WIC (Women, Infants and Children) Program** is also a great program to ensure healthy pregnancies and improve birth outcomes, focusing on growth and development of children. It provides eligible pregnant, postpartum and breastfeeding women, infants and children under age 5 with nutrition information, breastfeeding support, and nutritious food and referrals. WIC helps to build strong, healthy families and ensure kids enter kindergarten healthy and ready to learn!
- **Cribs for Kids** is a referral-based program to provide Safe Sleep Education and a new Pack & Play to families who are challenged by extreme poverty and displacement due to domestic violence or house fires. Cribs for Kids nationally has been an important resource and champion in the fight to prevent sleep-related deaths in communities across America.
- **The Center for Hispanic Resources** is a drop in (now telephonic) program that provides assistance to Delaware County's Spanish-speaking community. Bilingual case management staff assist participants with completing applications, making appointments and connecting with community-based resources, providing translation services and limited interpretation services.

**The Foundation for Delaware County's
Healthy Start, Nurse-Family Partnership &
Cribs for Kids staff
are here for you during the COVID-19 Crisis.**

If you are pregnant and live in Delaware County, please contact us to learn about our helpful programs including; telehealth nurse and case management support, social work services, safe sleep education and supplies, breastfeeding support and civil legal assistance. Please share with others who may qualify!

Bilingual (Spanish-speaking) staff available.

To find out more please contact Denise Martin, Outreach and Engagement Specialist, at 267-453-7342 or by email at dmartin@delcofoundation.org

Our referral form is [here!](#)



CEF | Chester
Education
Foundation

Visit CEF's
website

