



***Please join us for the February CTC meeting
on Thursday, February 10th at 9:00AM.***

ZOOM INFORMATION FOR MEETING

Zoom ID: 955 2608 7607

Passcode: 982073

Join Zoom Meeting

[https://zoom.us/j/95526087607?](https://zoom.us/j/95526087607?pwd=NG9BeWpMTFdVNnJSSHJGZm1EQmNWdz09)


[pwd=NG9BeWpMTFdVNnJSSHJGZm1EQmNWdz09](https://zoom.us/j/95526087607?pwd=NG9BeWpMTFdVNnJSSHJGZm1EQmNWdz09)

**DELAWARE COUNTY CTC NETWORK
ANNOUNCEMENTS JANUARY 2022**

January 2022

Chester Education Foundation
Blueprint for Success Program



 SIGN UP

BLUEPRINT FOR SUCCESS PROGRAM NEED A JOB?


ARE YOU HIGH SCHOOL GRADUATE AND NEED HELP FINDING A GOOD JOB? ARE YOU BETWEEN 18-24 YEARS OLD AND RESIDE IN DELAWARE COUNTY?

IF YES...
CHESTER EDUCATION FOUNDATION'S BLUEPRINT FOR
SUCCESS PROGRAM IS FOR YOU!

BONUS! Students that complete the required activities are eligible for a FREE Chromebook from Chester Education Foundation!

This training is funded under the Workforce Investment Act, and administered by the Delaware County Office of Workforce Development



Resume
Prep 


Interview
Coaching 

Paid
Internship 

Job
Placement 

ELAINE GREENE UPTON

 EGREENE@CHESTEREDUCATION.ORG

 Call us now!
610-364-1212

January 2022

Child Guidance Resource Centers
Strengthening Families Program (Spring 2022)



Child Guidance Resource Centers is a private, non-profit, community behavioral health care organization with over 60 years of service dedicated to providing quality care and educational services that best meet the needs of children, youth and their families in the Delaware Valley.

To learn more, contact Lisa Schneller:

484-454-8700
x1484

www.cgrc.org

email:
lschneller@cgrc.org



Strengthening Families Program

Building stronger families for healthy futures.

The Strengthening Families Program is an evidence-based parenting skills, children social skills, and family life skills training program specifically designed for families. Both parents and children participate in this program that will improve parenting skills and family relationships, reduce problem behaviors, delinquency and alcohol and drug abuse in children and improve social skills and school performance.

STRENGTHENING FAMILIES BUILDS 5 PROTECTIVE FACTORS

- ☞ Parental resilience
- ☞ Social connections
- ☞ Knowledge of parenting and child development
- ☞ Concrete support in times of need
- ☞ Social and emotional competence of children

PARENTS WILL LEARN:

- ☞ How to effectively discipline & guide children
- ☞ Appropriate developmental expectations
- ☞ Making and integrating house rules
- ☞ Encouraging good behavior
- ☞ Protecting against substance abuse

CHILDREN WILL LEARN:

- ☞ How to set goals and dreams
- ☞ How to follow rules with parents, peers & teachers
- ☞ Skills to deal with stress
- ☞ Ways to handle peer pressure

WHO: Families with children between the ages of 6-11

WHAT: 14 virtual sessions with dinner provided.
Starting March 17, 2022

CONTACT: Lisa Schneller at lschneller@cgrc.org to register and learn more.

This program is free & dinner will be delivered every week! Enjoy incentives like board games for your family & more.

Strengthening Families 6-11 is coordinated by Child Guidance Resource Centers and funded by the Delaware County Department of Human Services, Division of Drug and Alcohol

January 2022

Real Kids Real Food Online Program

If you are a parent or know parents with children of ages 3 - 12, consider signing them up for Real Kids Real Food, an award winning, FREE & FUN 10-week online program that meets on Saturdays from Feb. 5 - Apr. 9 at 10 - 11 AM EST!

Our Clubs have two age groups: 3 to 6 and 7 to 12. During our meetings, the kids enjoy preparing delicious and healthy recipes, exercising, and practicing mindfulness while becoming aware of how to have a healthy body and healthy lifestyle.

The Club Counselors are outstanding college health majors from a variety of universities such as Brandeis [Click here to meet the Counselors.](#)

Our 10-week Spring program begins on February 5th, 10 to 11 am EST and we are now accepting registration!

[Click here to register for the 3 - 6 Club](#)

[Click here to register for the 7 -12 Club](#)



**3 - 6
CLUB**

KIDS SPRING CAMP

**7 - 12
CLUB**

FREE! VIRTUALLY THROUGH ZOOM!
Sign up now. Limited space

Go to <https://realkidsrealfood.org/registration/> to register

**SATURDAYS
FEB 5 - APR 9
10 - 11 am EST**

**GREAT OPPORTUNITY
FOR PARENT-CHILD
RELATIONSHIPS**

FUN activities

- *Planting*
- *Exercises*
- *Art*
- *Win prizes*



- *Delicious recipes*
- *Healthy lifestyle*

DONATIONS FOR FOOD ARE ALWAYS WELCOME
<https://realkidsrealfood.org/donation-for-kids/>

For more information, visit www.realkidsrealfood.org or email betsy@realkidsrealfood.org

January 2022

Delaware County 4-H and Willows Park Preserve
Winter Wildlife



Join Delaware County 4-H and Willows Park Preserve as we discover how animals survive during the colder months! We will learn about the adaptations of local wildlife that enable them to weather the winter, go on a scavenger hunt, and create feeders for backyard birds.

When: Saturday, February 19

Where: Willows Park Preserve
(490 Darby Paoli Road, Villanova, PA 19085)

Time: 10-11am

This program is suitable for families with children ages 6-9 years old.

Parents/guardians are required to attend.

Spots are limited, so sign-up today! Email Lauren Kauffman (lyr5015@psu.edu) to register.



January 2022

Greener Partners
Farm Explorer

Greener Partners is a nonprofit that addresses food access, education, and sovereignty.

GREENER PARTNERS' FARM EXPLORER

FARM-TO-SCHOOL PROGRAMS 2021-2022



Greener Partners sparks curiosity in science and healthy eating with the **Farm Explorer**, a mobile farm with hands-on lessons about edible plants, seasonal eating, and nutrition.

Our **discovery-based programs** create **excitement** around growing, preparing, and eating fresh fruits and vegetables as kids dig in healthy soil, smell herbs, taste plants, and cook with ingredients they helped harvest.

Our farmer-educators bring a seed-to-plate experience right to your school or community site — in a farm on wheels bursting with +30 edible plants. It's fun, educational, and convenient!



EACH PROGRAM fits into a 45-60 minute class period and includes interactive science lessons linked to state standards, plus preparing and tasting a take-home recipe that provides students with one additional serving of fruits or vegetables that day.



OUR STAFF are farmers, educators, and cooks: true experts on food, from seed to plate.

FARM EXPLORER PROGRAM OPTIONS

Farm Explorer Truck: One farm truck visit, fall or spring: **1 outdoor visit with 1 educator**

Farm Explorer Classroom: One-time visit (without the truck) includes making and tasting a recipe: **1 classroom visit with 1 educator**

Farm Explorer Full Season: One outdoor farm truck visit in the fall or spring. Two indoor classroom visits in the winter months. The full season option connects youth to the source of food and the amazing science behind it: **3 visits with 1 educator**

FARM EXPLORER EXTRAVAGANZA

For large public events, outdoor school assemblies, libraries, and healthcare events, an "open-house" style presentation of the Farm Explorer and blender bike:

1 open-house visit for 3 hours with 3 educators

The Farm Explorer has been shown to increase willingness to try fruits & vegetables at school and ask to eat fruits & vegetables at home.

To schedule, please contact Jenny Dunker or visit www.greenerpartners.org
Phone: 610.584.6580 Email: jenny.dunker@greenerpartners.org
20% off all pricing for schools with 50% of students eligible for free and reduced price lunches

January 2022

Chester Upland Youth Soccer **Soccer Coaches Needed**

We are looking for new soccer coaches for our spring season. We provide a three hour online training and then pay \$15/hr for coaches to work at Chester schools from 3:45-5:15, typically as many days each week as they like. Background checks are required. Interested candidates can reach out to Jeannine@chesteruplandyouthsoccer.org

[Complete Form](#)

Chester Upland Youth Soccer and Main Street Elementary **Zoom Soccer**

Throughout the winter on virtual CUSD days and during inclement weather, Ms. Jackson and the Main Street Elementary team are leading Zoom soccer on Tuesdays, Wednesdays and Thursdays at 4pm. It can be accessed by all at:

Zoom meeting ID: 916 1946 9835
password: FUN

January 2022

Child and Family Focus
Online Parent Group

Happy New Year! If anyone has parents/ caregivers/ foster parents/ grandparents interested in joining my parent online group- Lifeskills Parents- they can contact me: Artheria at 484-649-8681 or by email at ataggart@childandfamilyfocus.org

January 2022

MPAC Coalition
January Meeting

We would like to announce the first MPAC program of 2022 with Emily Robb, Supervising Attorney at Youth Sentencing & Reentry Project (YSRP) and Margot Isman, Policy Director. Ms. Robb and Ms. Isman will speak about the work of the YSRP and the overcharging of youth in Delaware County in light of the youths charged in the Fanta Bility case. MPAC's statement on this local tragedy: <https://tinyurl.com/MPAC-FBstatement>.

This meeting format will give us time to discuss youth sentencing specifically as well as policing in general and what we can do in our own communities.

We invite you to register below and join us on Monday, January 24 at 7 PM. You will be sent a zoom link prior to the meeting and after you register. You can submit questions for Ms. Robb and Ms. Isman at the link below and ideas for future MPAC topics.

[Submission Form](#)

January 2022

HPP and Findhelp
Introduction to Your Partner in Finding Resources (101)

Join your fellow Pennsylvania-based professionals from the nonprofit, government, healthcare, and education sectors who are using Your Partner in Finding Resources powered by findhelp to learn how we connect people to social services in your area.

In this live 101 session, we'll discuss:

How to search for and connect people to resources;

How to send and track your referrals; and

How to claim your program & join the our network!

Please be sure to use a computer with reliable internet access for participation in the virtual community event.

[Sign Up](#)

January 2022

Family and Community Service of Delaware County (FCSDC)
FREE rapid HIV testing

Free HIV Testing

**FREE AND CONFIDENTIAL
RESULTS IN 60 SECONDS
NO HEALTH INSURANCE REQUIRED**

Appointments Available
Monday through Friday
Appointment times flexible



**Text or call 484-326-1038 or
email crepko@fcsdc.org**

**Family and Community Service of Delaware County (FCSDC)
Health Navigation Services (HNS)**

FCSDC is providing navigation services for Delco residents who are at an increased risk of contracting HIV and other STIs. FCSDC's HNS program assists with linkage to HIV and STI testing and treatment, PrEP/PEP services, condom distribution, health insurance, OB/GYN care, as well as other support services. Please see flyer for more details.

Health Navigation Services (HNS)



HNS is a free program that empowers you to take care of your sexual health. HNS can help with:

Transportation assistance for PrEP appointments (or other sexual health appointments) as needed

Completing necessary lab work

Scheduling appointments

Medication adherence

Obtaining health insurance

Linkage to PrEP financial support programs

Providing rapid HIV testing and safe sex kits

Reminder phone calls/text messages for appointments

Overcoming other barriers to care

For more information, please text, call or email:



Corinne Repko, LSW

she, her, hers

Prevention Program Coordinator

484-326-1038

crepko@fcsdc.org

January 2022

**The Foundation for Delaware County:
Pandemic resources for pregnant and
postpartum women in the Delaware County**

Denise R. Martin

Outreach and Engagement Specialist/Cribs For Kids Coordinator

The Foundation For Delaware County
Baldwin Tower
1510 Chester Pike, Suite 300/301
Eddystone, PA 19022
Tele: (610) 619-6113
Cell: (267) 453-7342
Email: dmartin@delcofoundation.org

We know that this pandemic has brought additional challenges for many women who are pregnant or postpartum and for families with children under the age of 5. Now more than ever, families need assistance in accessing care and supportive services or obtaining resources and health education. The foundation's longstanding programs continue to enroll during this time and provide a critical lifeline to families with unmet needs. Our programs are voluntary for moms and easy to connect to

- **Healthy Start** is a Community Health Worker model with tiered case management services for pregnant women. Staff focus on healthcare access to help ensure full-term and healthy pregnancies, support breastfeeding and

infant care, manage information and resource coordination, connect moms with in-house counseling for Perinatal Mood and Anxiety Disorders or postpartum depressions, and civil legal assistance through our Medical Legal Partnership program.

- **Nurse Family Partnership** pairs first-time, low-income mothers with home visiting nurses throughout Delaware County. Women must be enrolled in the program prior to 28 weeks to be eligible for the program which continues until the baby's 2nd birthday. This relationship-based program focuses on healthcare access and health education, positive parenting, infant growth and development, and support for mom in working towards self-sufficiency. Enrolled mothers are also able to access behavioral health supports and civil legal assistance.
- **Delaware County WIC (Women, Infants and Children) Program** is also a great program to ensure healthy pregnancies and improve birth outcomes, focusing on growth and development of children. It provides eligible pregnant, postpartum and breastfeeding women, infants and children under age 5 with nutrition information, breastfeeding support, and nutritious food and referrals. WIC helps to build strong, healthy families and ensure kids enter kindergarten healthy and ready to learn!
- **Cribs for Kids** is a referral-based program to provide Safe Sleep Education and a new Pack & Play to families who are challenged by extreme poverty and displacement due to domestic violence or house fires. Cribs for Kids nationally has been an important resource and champion in the fight to prevent sleep-related deaths in communities across America.
- **The Center for Hispanic Resources** is a drop in (now telephonic) program that provides assistance to Delaware County's Spanish-speaking community. Bilingual case management staff assist participants with completing applications, making appointments and connecting with community-based resources, providing translation services and limited interpretation services.

**The Foundation for Delaware County's
Healthy Start, Nurse-Family Partnership &
Cribs for Kids staff
are here for you during the COVID-19 Crisis.**

If you are pregnant and live in Delaware County, please contact us to learn about our helpful programs including; telehealth nurse and case management support, social work services, safe sleep education and supplies, breastfeeding support and civil legal assistance. Please share with others who may qualify!

Bilingual (Spanish-speaking) staff available.

To find out more please contact Denise Martin, Outreach and Engagement Specialist, at 267-453-7342 or by email at dmartin@delcofoundation.org

Our referral form is [here!](#)



CEF | Chester
Education
Foundation

Visit CEF's
website

