



***Please join us for the April CTC meeting on
Thursday, April 7th at 9:00AM.***

ZOOM INFORMATION FOR MEETING

Zoom ID: 955 2608 7607

Passcode: 982073

Join Zoom Meeting

[https://zoom.us/j/95526087607?](https://zoom.us/j/95526087607?pwd=NG9BeWpMTFdVNnJSSHJGZm1EQmNWdz09)

[pwd=NG9BeWpMTFdVNnJSSHJGZm1EQmNWdz09](https://zoom.us/j/95526087607?pwd=NG9BeWpMTFdVNnJSSHJGZm1EQmNWdz09)

Spotlight

Child & Family Focus



Child and Family Focus Children's Mental Health Respite Program, *"Relieve stress, restore energy, gain balance"*

This program allows parents/caregivers of children with a mental health diagnosis to take a well deserved break. Additionally, the respite program is always hiring fun, energetic individuals as caretakers. It's a part time, flexible position. ([click here to apply](#))

Child and Family Focus offers respite services in Delaware, Chester, and Bucks County.

Eligible families must meet the following requirements:

- *Child has a documented Mental Health diagnosis*
- *Currently receiving Mental Health services*
- *Be eligible for Medical Assistance*
- *Between the age of 3-21*

[Click here for program information](#)

[Click here for CTC PowerPoint presentation](#)

Leah Brennan
Child and Family Focus
Delaware County Respite Coordinator
484-213-1979
lbrennan@childandfamilyfocus.org

Jessica Maginnis
Child and Family Focus
Delaware County Respite Coordinator
610-732-8682
jmaginnis@childandfamilyfocus.org

www.childandfamilyfocus.org

**DELAWARE COUNTY CTC NETWORK
ANNOUNCEMENTS MARCH 2022**

March 2022

Chester Education Foundation



BLUEPRINT FOR SUCCESS PROGRAM

NEED A JOB?

ARE YOU HIGH SCHOOL GRADUATE AND NEED HELP FINDING A GOOD JOB? ARE YOU BETWEEN 18-24 YEARS OLD AND RESIDE IN DELAWARE COUNTY?

IF YES...
CHESTER EDUCATION FOUNDATION'S BLUEPRINT FOR SUCCESS PROGRAM IS FOR YOU!



SIGN UP

BONUS! Students that complete the required activities are eligible for a FREE Chromebook from Chester Education Foundation!

This training is funded under the Workforce Investment Act, and administered by the Delaware County Office of Workforce Development



Resume Prep

Interview Coaching

Paid Internship

Job Placement

ELAINE GREENE UPTON

EGREENE@CHESTEREDUCATION.ORG

Call us now!
610-364-1212

March 2022

Chester Upland Youth Soccer

(Spring Season Registration)

Chester Upland Youth Soccer serves nearly 500 children each year in Chester, Upland, and Eddystone. The organization provides after-school soccer training, mentorship and nutrition education each fall and spring.

Our after-school Soccer for Success program takes place at Chester Charter Scholars Academy, Chester Upland School of the Arts, Eddystone Elementary, Main St Elementary, Stetser Elementary and Widener Partnership Charter School.

Registration opens on this webpage a few weeks before the start of each season (in September and March.)

[Register Today](#)

March 2022

Holcomb Behavioral Health Systems

(Free Programming)

Holcomb Prevention Deserves Your Attention!

Holcomb Behavioral Health Systems is pleased to offer the following programs FREE to Delaware County Schools & Community Organizations

Keep A Clear Mind (4th-6th Grade): KACM is a 5-lesson program that introduces the topics of Alcohol, Tobacco, Marijuana, and Making Good Choices, and the harmful effects and consequences of each substance. Each week, a Prevention Specialist will introduce the weekly topic and students are given a workbook to be completed with a parent or guardian at home. KACM encourages parents and youth to start the discussion of drugs and alcohol prevention together at home. KACM is a great way to increase parent engagement in your school!

Safe Dates (6th-12th Grade): Safe Dates is a highly engaging and interactive 6-8 session program designed to stop or prevent the initiation of emotional, physical, or sexual abuse between individuals in a dating relationship. Teens learn to recognize the difference between caring, supportive relationships and controlling, manipulative, or abusive relationships.

AVOID (6th-12th Grade): The Anti-Vaping Online Information Dissemination (AVOID) Program is a media-based online prevention toolkit for vape prevention for middle and high school students. It is presented in one-hour weekly sessions, for five weeks. AVOID contains brief educational videos and discussion guides. The videos engage students and provide information. The accompanying discussion guides help Prevention Specialists present these videos to youth and conduct a deeper conversation on vaping topics.

Positive Action (1-3rd Grade): Positive Action is a 6-lesson program which encourages students to make positive choices. It works by teaching and reinforcing that you feel good about yourself when you do positive actions, and there's a positive way to do everything. Positive Action is designed to improve academic achievement, school attendance, and problem behaviors.

Environmental Campaigns (All Ages): These monthly campaigns aim to break the belief that "everyone is doing it" and educate youth through printed materials, speaking engagements, and activities that, in fact, most youth today are not using drugs or alcohol.

Stall Stories (All Ages): Stall Stories are monthly flyers which highlight environmental campaigns that aim to increase awareness and educate the community on important topics to prevent ATOD use.

For additional information please contact Allison Doherty at Allison.Doherty@holcombhhs.org



@HolcombPrevention

These programs are coordinated by Holcomb Behavioral Health Systems and funded by the Delaware County Department of Human Services, Division of Drug and Alcohol.

March 2022

Job Fair

Sponsored by: Bountiful Blessings Foundation

SAVE THE DATE!

JOB FAIR

CITY OF CHESTER, PA

LOCAL EMPLOYERS ARE LOOKING FOR YOU!

WE ARE HIRING

TUESDAY
APRIL 19, 2022
LEAKE CENTER

9 AM - 2 PM
701 YARNALL STREET
CHESTER, PA

NEED MORE INFORMATION? CONTACT:
dexterdavis00@hotmail.com or 302-757-4187
nigeldavis17@yahoo.com or 484-424-2540

SPONSORED BY:
Bountiful Blessings Foundation

March 2022

Media Fellowship House

Scholarship Opportunity: Call for Entries

Media Fellowship House created the Dorothy James and Marie Whitaker Scholarships. Named in honor of two of our founders, this annual award offers financial support to any Delaware County high school junior or senior interested in pursuing continuing education – college/university, trade school, certificate program, or similar.

To be eligible, students watch Media Fellowship House's video entitled, "Words of the Heart" which tells the story of Dorothy James, her great-grandfather, Thomas Garrett as well as the founding of Media Fellowship House. Once finished with the video, the students will then write a 500-1000 word essay expressing their feelings about the video and what they would do to help improve our community.

[Learn More](#)

March 2022

Child Guidance Resource Centers

(Strengthening Families Program - Spring 2022)



Child Guidance Resource Centers is a private, non-profit, community behavioral health care organization with over 60 years of service dedicated to providing quality care and educational services that best meet the needs of children, youth and their families in the Delaware Valley.

To learn more,
contact Lisa
Schneller:

484-454-8700
x1484

www.cgrc.org

email:
lschneller@cgrc.org



Strengthening Families Program

Building stronger families for healthy futures.

The Strengthening Families Program is an evidence-based parenting skills, children social skills, and family life skills training program specifically designed for families. Both parents and children participate in this program that will improve parenting skills and family relationships, reduce problem behaviors, delinquency and alcohol and drug abuse in children and improve social skills and school performance.

STRENGTHENING FAMILIES BUILDS 5 PROTECTIVE FACTORS

- ☞ Parental resilience
- ☞ Social connections
- ☞ Knowledge of parenting and child development
- ☞ Concrete support in times of need
- ☞ Social and emotional competence of children

PARENTS WILL LEARN:

- ☞ How to effectively discipline & guide children
- ☞ Appropriate developmental expectations
- ☞ Making and integrating house rules
- ☞ Encouraging good behavior
- ☞ Protecting against substance abuse

CHILDREN WILL LEARN:

- ☞ How to set goals and dreams
- ☞ How to follow rules with parents, peers & teachers
- ☞ Skills to deal with stress
- ☞ Ways to handle peer pressure

WHO: Families with children between the ages of 6-11

WHAT: 14 virtual sessions with dinner provided.
Starting March 17, 2022

CONTACT: Lisa Schneller at lschneller@cgrc.org to register and learn more.

***This program is free & dinner will be delivered every week!
Enjoy incentives like board games for your family & more.***

Strengthening Families 6-11 is coordinated by Child Guidance Resource Centers and funded by the Delaware County Department of Human Services, Division of Drug and Alcohol

Child Guidance Resource Center

(Virtual Resource Fair)

April 13, 2022 from 10:00-11:30AM. Contact Gerry Gonzalez for more information.

Contact

March 2022

Real Kids Real Food

(Online Program)

If you are a parent or know parents with children of ages 3 - 12, consider signing them up for Real Kids Real Food, an award winning, FREE & FUN 10-week online program that meets on Saturdays from Feb. 5 - Apr. 9 at 10 - 11 AM EST!

Our Clubs have two age groups: 3 to 6 and 7 to 12. During our meetings, the kids enjoy preparing delicious and healthy recipes, exercising, and practicing mindfulness while becoming aware of how to have a healthy body and healthy lifestyle.

The Club Counselors are outstanding college health majors from a variety of universities such Brandeis [Click here to meet the Counselors.](#)

Our 10-week Spring program begins on February 5th, 10 to 11 am EST and we are now accepting registration!

[Click here to register for the 3 - 6 Club](#)

[Click here to register for the 7 -12 Club](#)



3 - 6 CLUB | **KIDS** | **7 - 12 CLUB**
SPRING CAMP

FREE! VIRTUALLY THROUGH ZOOM!
Sign up now. Limited space

Go to <https://realkidsrealfood.org/registration/> to register

SATURDAYS
FEB 5 - APR 9
10 - 11 am EST

GREAT OPPORTUNITY
FOR PARENT-CHILD
RELATIONSHIPS

FUN activities

- *Planting*
- *Exercises*
- *Art*
- *Win prizes*



- *Delicious recipes*
- *Healthy lifestyle*

DONATIONS FOR FOOD ARE ALWAYS WELCOME
<https://realkidsrealfood.org/donation-for-kids/>

For more information, visit www.realkidsrealfood.org or email betsy@realkidsrealfood.org

March 2022

I-Lead/Harcum College



EARN AN ASSOCIATE'S DEGREE THROUGH HARCUM COLLEGE

Higher Education has come to your community!

FAST FACTS

- Full time student
- Attend 2 nights per week: 5:30 to 9:30 PM
- No SAT required
- Community-based scholarship available
- Financial Aid available
- Attend class in or near your community



MAJORS INCLUDE

Animal Center Management
Behavioral Health Science
Business Management
Early Childhood Education
Human Services

LOCATION

Prospect Park
800 Lincoln Ave
Prospect Park, PA 19016

FOR AN APPLICATION OR ADDITIONAL INFORMATION

cclyde@i-leadusa.org
877-427-7037 ext. 3

March 2022

Greener Partners

(Farm Explorer)

Greener Partners is a nonprofit that addresses food access, education, and sovereignty.

GREENER PARTNERS' FARM EXPLORER

FARM-TO-SCHOOL PROGRAMS 2021-2022



Greener Partners sparks curiosity in science and healthy eating with the **Farm Explorer**, a mobile farm with hands-on lessons about edible plants, seasonal eating, and nutrition.

Our **discovery-based programs** create **excitement** around growing, preparing, and eating fresh fruits and vegetables as kids dig in healthy soil, smell herbs, taste plants, and cook with ingredients they helped harvest.

Our farmer-educators bring a seed-to-plate experience right to your school or community site — in a farm on wheels bursting with +30 edible plants. It's fun, educational, and convenient!



EACH PROGRAM fits into a 45-60 minute class period and includes interactive science lessons linked to state standards, plus preparing and tasting a take-home recipe that provides students with one additional serving of fruits or vegetables that day.

OUR STAFF are farmers, educators, and cooks: true experts on food, from seed to plate.



FARM EXPLORER PROGRAM OPTIONS

Farm Explorer Truck: One farm truck visit, fall or spring: **1 outdoor visit with 1 educator**

Farm Explorer Classroom: One-time visit (without the truck) includes making and tasting a recipe: **1 classroom visit with 1 educator**

Farm Explorer Full Season: One outdoor farm truck visit in the fall or spring. Two indoor classroom visits in the winter months. The full season option connects youth to the source of food and the amazing science behind it: **3 visits with 1 educator**

FARM EXPLORER EXTRAVAGANZA

For large public events, outdoor school assemblies, libraries, and healthcare events, an "open-house" style presentation of the Farm Explorer and blender bike:

1 open-house visit for 3 hours with 3 educators

The Farm Explorer has been shown to increase willingness to try fruits & vegetables at school and ask to eat fruits & vegetables at home.

To schedule, please contact Jenny Dunker or visit www.greenerpartners.org

Phone: 610.584.6580 Email: jenny.dunker@greenerpartners.org

20% off all pricing for schools with 50% of students eligible for free and reduced price lunches

March 2022

Chester Community Coalition

(Registration for Programs)

After a violent experience it can be hard to know where to turn or what to do.

We provide trauma-informed support services to families directly affected by gun violence in Chester, PA and Delaware County.

Programs

[Grief Support](#)

[Survivor Support](#)

[Individual Support](#)

[Youth Support Groups](#)

[Case Management](#)

Contact

March 2022

Education Voters PA

(Vigil: March 15th, 2022)

School Funding Lawsuit Advocates! We did it! All eyes are finally on public education funding in PA! We are so proud of the work you are doing to support the school funding lawsuit in your communities and in Harrisburg. As the historic PA school funding trial reaches its final weeks, parents, teachers, administrators, and education advocates like you from across the state are coming together in their communities for a momentous vigil. You are invited to join us on **March 15** to tell the decision-makers in Harrisburg now is the time to reform our school funding system; our children are counting on them to get this right. Get your friends, family, and neighbors together at a location that you choose, i.e. your yard, a living room, etc. to take a moment to reflect on the past few months of the trial and the impact education funding has on Pennsylvania's children. Small groups to large gatherings are encouraged.

If you have any questions, please reach out to Sandra Miller at sandra@educationvoterspa.org (610.248.4282) or Haley Kulp at haleyk@childrenfirstpa.org (610.350.6141)

[Learn More](#)

March 2022

A Path to Hope

(Community Resource Fair)

A Path to Hope is hosting a community event that will take place at Lionville Middle School in Exton, PA on Saturday March 19th from 12- 3 pm.

Annually, we host STEPS (Services-Therapy-Education-Providers-Support), a Mental Health Resource Fair that enables members of our community to meet area providers and learn about available services and resources. It is also a great way for the vendor participants to network and learn about other programs. Our last event was very well attended with 50 vendors and over 250 attendees.

This event is free to the community and is a great opportunity to take your first step on your own path to hope!

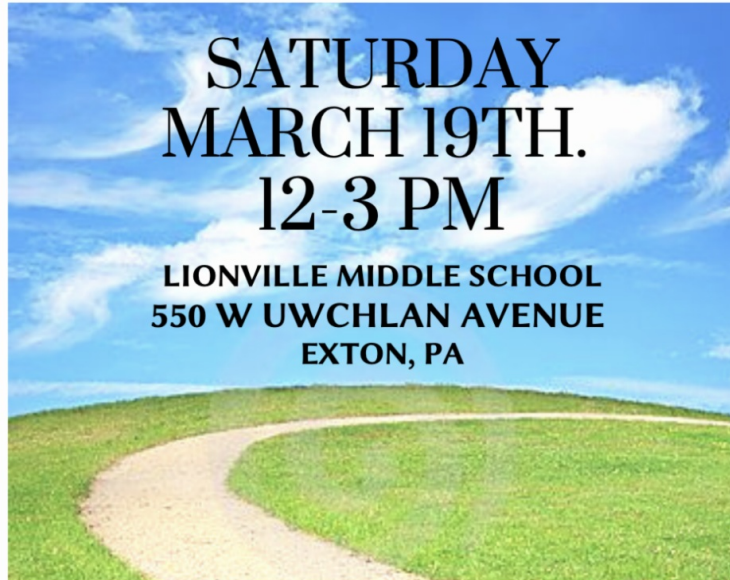


A Path To Hope

Information is the first step

4th Annual STEPS Mental Health
Resource Fair

Services-Therapy-Education-Providers-Support



**Take the first step
Meet area providers, learn about local
resources. Help IS available.**

March 2022

Family and Community Service of Delaware County (FCSDC)

(FREE rapid HIV testing)



Free
HIV
Testing

FREE AND CONFIDENTIAL
RESULTS IN 60 SECONDS
NO HEALTH INSURANCE REQUIRED

Appointments Available
Monday through Friday
Appointment times flexible

 **Text or call 484-326-1038 or**
email crepko@fcsdc.org

March 2022

The Foundation for Delaware County

(Pandemic resources for pregnant and postpartum women in the Delaware County)

Denise R. Martin

Outreach and Engagement Specialist/Cribs For Kids Coordinator

The Foundation For Delaware County
Baldwin Tower
1510 Chester Pike, Suite 300/301
Eddystone, PA 19022
Tele: (610) 619-6113
Cell: (267) 453-7342
Email: dmartin@delcofoundation.org

- **Healthy Start** is a Community Health Worker model with tiered case management services for pregnant women. Staff focus on healthcare access to help ensure full-term and healthy pregnancies, support breastfeeding and infant care, manage information and resource coordination, connect moms with in-house counseling for Perinatal Mood and Anxiety Disorders or

postpartum depression, and civil legal assistance through our Medical Legal Partnership program.

- **Nurse Family Partnership** pairs first-time, low-income mothers with home visiting nurses throughout Delaware County. Women must be enrolled in the program prior to 28 weeks to be eligible for the program which continues until the baby's 2nd birthday. This relationship-based program focuses on healthcare access and health education, positive parenting, infant growth and development, and support for mom in working towards self-sufficiency. Enrolled mothers are also able to access behavioral health supports and civil legal assistance.
- **Delaware County WIC (Women, Infants and Children) Program** is also a great program to ensure healthy pregnancies and improve birth outcomes, focusing on growth and development of children. It provides eligible pregnant, postpartum and breastfeeding women, infants and children under age 5 with nutrition information, breastfeeding support, and nutritious food and referrals. WIC helps to build strong, healthy families and ensure kids enter kindergarten healthy and ready to learn!
- **Cribs for Kids** is a referral-based program to provide Safe Sleep Education and a new Pack & Play to families who are challenged by extreme poverty and displacement due to domestic violence or house fires. Cribs for Kids nationally has been an important resource and champion in the fight to prevent sleep-related deaths in communities across America.
- **The Center for Hispanic Resources** is a drop in (now telephonic) program that provides assistance to Delaware County's Spanish-speaking community. Bilingual case management staff assist participants with completing applications, making appointments and connecting with community-based resources, providing translation services and limited interpretation services.

**The Foundation for Delaware County's
Healthy Start, Nurse-Family Partnership &
Cribs for Kids staff
are here for you during the COVID-19 Crisis.**

**If you are pregnant and live in Delaware County, please contact us to
learn about our helpful programs including; telehealth nurse and case
management support, social work services, safe sleep education and
supplies, breastfeeding support and civil legal assistance. Please
share with others who may qualify!**

Bilingual (Spanish-speaking) staff available.

To find out more please
contact Denise Martin,
Outreach and Engagement
Specialist, at 267-453-7342
or by email at
dmartin@delcofoundation.org

Our referral form is [here!](#)



March 2022

Chester Residents Concerned for Quality Living (CRCQL)

(Environmental Justice Petition)

Sign Now



CEF | Chester
Education
Foundation

Visit CEF's
website

