



Happy Women's History Month

In honor of Women's History Month, at this month's meeting we shared a website featuring 46 of some of the most impactful speeches ever given by Black women.

On this website, you can find the full list, including videos, photos, transcripts or texts, along with what you can learn from these speeches to improve your own public speaking skills.

Chimamanda Ngozi Adichie

Culture does not make people. People make culture. If it is true that the full humanity of women is not our culture, then we can and must make it our culture."



Read Speeches

March 2023 Spotlight

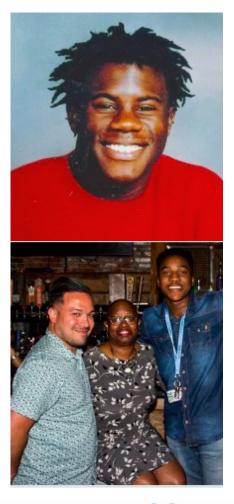
Trippley Foundation

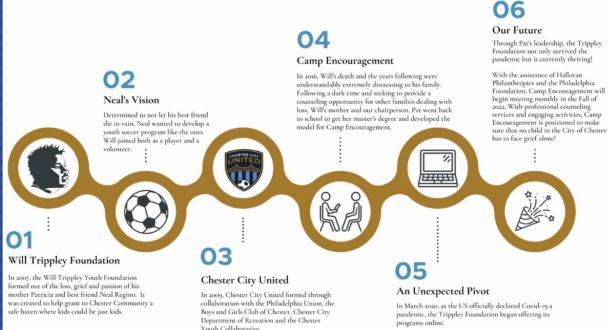
Presenter: Patricia Trippley-Demiranda, Co-Founder & CEO

Our presenter, Patricia Trippley-Demiranda, provided an overview of the Trippley Foundation's creation, mission, and programming that continues to support youth in Chester, PA.

One of the Trippley Foundation's programs is "Camp Encouragement," a no-cost camp for grieving children who have experienced the loss of a loved one. This one-week summer camp helps to reframe the experience of grief and encourages kids to develop the coping skills to move forward with their lives.

Learn more about Camp Encouragement.





If you would like to contact Patricia for partnership and volunteer opportunities, click here.

March 2023 Spotlight

The Frederick Douglass Oratorical Competition and **The Andrew Turner Art Competition**

Presenter: Jean Arnold, Coordinator

Jean Arnold provided an overview of the upcoming Frederick Douglass Oratorical Competition and Andrew Turner Art Competition. If you know of a student that would like to participate, please see the included flier for more information



Calling All Orators & Artists! 🛭 to the Annual



Frederick Douglass Oratorical Contest





Pre-K-8th grade: Recite excerpt of Frederick Douglass speech.

9th - 12th grade: Recite an original speech written by the student on any topic.

Andrew Turner Art Competition

Pre-K-12th grade: Original drawing or painting.



MARCH 29, 2023

Event Information What: Annual Oratorical and Art Competition When: Wednesday, March 29, 2023 at 6pm (EST) Where: STEM Academy 1100 10th St, Chester, Pa Contact: 14thevision@gmail.com



Title 1 Family Engagement



If you would like to contact Jean Arnold for partnership and volunteer opportunities, click here. During the March CTC meeting, in honor of Jean Arnold's work with the Chester Upland School District's Gates Scholars Program, we asked attendees to answer the following trivia question:

Q: "How many "Gates Scholars" have graduated from CUSD?"

A: 6

Congratulations to our March CTC trivia winner, Rick Kone from the Andrew L. Hicks, Jr. Foundation!



DELAWARE COUNTY CTC NETWORK ANNOUNCEMENTS MARCH 2023

March 2023

J. Lewis Crozer Library

Women in STEM Panel Discussion

Join us for an exploration of the accomplishments, struggles, surprises, and triumphs of women in the STEM fields



Amanda DeHaven Austin

Ed.D candidate in STEM Education University of Pittsburg

Biology/Chemistry/Health and Medicine instructor at Downingtown Stem Academy



Kate Giffin

PhD candidate in Neuroscience University of Michigan

Researches how illness affects the brain to cause cognitive, emotional, and behavioral changes.



Jess Brown

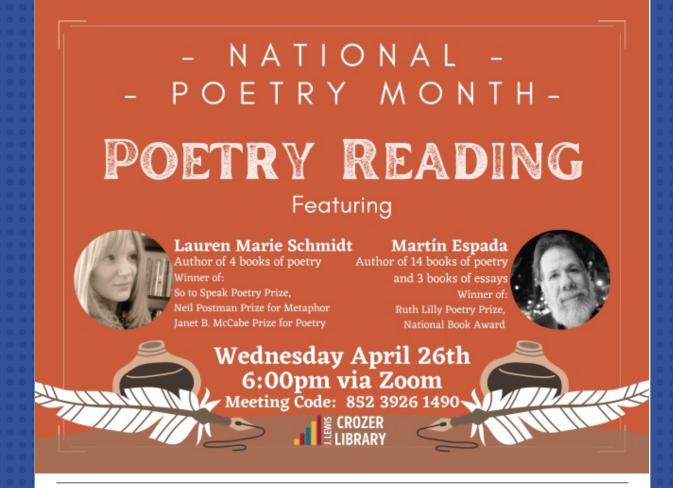
Masters in Science Education Virginia Tech

Earth and Physical Science Instructor at East Surry High in Pilot Mountain, NC

3/15 6:00PM Via Zoom



Meeting ID: 873 5241 2618



March 2023

Chester ExChange



Let's talk about **One Chester**, a group effort designed to break down barriers, unify the community, and help our children. Working together we can revitalize Chester!

Join the discussion group being formed at Chester ExChange.

DATE: April 4, 2023

TIME: Noon-1:30pm

PLACE: Chester City Hall • 1 E. Fourth St.

Chester, PA 19013

Let us know you're coming (and your food preferences) by registering here.





Let's talk about **Out-of-School-Time** programs and how, with the schools, we can provide Chester's young people with better opportunities & enhanced skills. Skills needed to succeed in school, work, and life. We can make a bigger impact by working together!

Groups are being formed by Chester ExChange to:

- Promote early learning reading for grades K-5
- Build math skills for grades 6-8
- Support high schoolers for "what's next" after graduation

Get more information and/or register for sessions here.



March 2023

Widener University

About SWCS

Social Work Counseling Services (SWCS) is a human services agency of the Center for Social Work Education that serves a dual mission of helping the community, while also providing internship experiences in an agency setting, offering real-world generalist or clinical social worker experience.

Eligibility for Services

- · 18 and over
- Not currently receiving therapeutic services elsewhere

Contact Us



Social Work Counseling Services



Contact Us 610-499 4682

Our Website

https://www.widener.edu/ about/campuscommunityresources/clinicscenters/social-workcounseling-services



Our Address

Hannum House 524 East 14th St Chester, PA 19013 Intersection of 14th and Walnut Meeting people where they are... supporting where they want to be.

March 2023

Child and Family Focus

LifeSkills Training Parent Program

Weekly meals, prizes, and childcare!

The LifeSkills Training (LST) Parent Program helps to strengthen parenting skills in these areas:

- Issues related to adolescent drug abuse
- How to be a good role model for your child, ways to convey a clear anti-drug message, and tips for effective family communication and parental monitoring
- Helping your children develop personal self-management and social skills

Meant for parents and caregivers, ideally with youth grades 6-9.

Self-reports from parents and caregivers that participated in LST Parents illustrate significant increases relative to controls in appropriate role modeling, disciplinary practices, family communication, and parental monitoring skills.





Register Now!

Scan the QR code or visit https://www.surveymonkey.com/r/DYWRKB)



Questions? Email Holly at prevention@childandfamilyfocus.org

Funded by the Delaware County Department of Human Services, Division of Drug and Alcohol-

Child and Family Focus

Call for Respite Provider

Do you have a heart ...





...for helping others?

If so, become a Respite Provider!

We invite you to help support families raising children with emotional and behavioral needs by providing Respite Care!

COMMIT TO CARING FOR A CHILD THROUGH OUR RESPITE PROGRAM:

FOR AS LITTLE AS 12 HOURS PER MONTH
IN THE CHILD'S HOME OR IN THE
COMMUNITY

FOR MORE INFORMATION
CONTACT US:
DELAWARE COUNTY
RESPITE PROGRAM

PHONE: 610-325-3131 EXT. 33 OR 22 RESPITE@CHILDANDFAMILYFOCUS.ORG

GENEROUS FINANCIAL COMPENSATION

\$15- \$17 PER HOUR \$22 - \$25 PER HOUR \$70 PER HOUR

fill out an application here

WWW.CHILDANDFAMILYFOCUS.ORG



March 2023

The Scott Arboretum of Swarthmore College

Nature Nook

Free nature programming for children ages
18 months to 3 years old



When: Fridays

10:00am - 10:45am

Session 1: 3/10 - 3/31

Session 2: 5/5 - 5/26



Scott Arboretum of Swarthmore College





Cost: FREE

Registration is recommended

Register Here





THE SCOTT ARBORETUM
OF SWARTHMORE COLLEGE

500 College Ave, Swarthmore, PA 19081 scottarboretum.org 610-328-8025

School's Out SPRING BREAK

at the Scott Arboretum of Swarthmore College

Mindful Monday 4/3 10-11 am 18 months -12 years old 4/4 2-3 pm 8-18 years old Wildlife
Wednesday
4/5
10-11 am
5 - 12 years old

Sustainability
Thursday
4/6
2-3 pm
5 - 12 years old

4/7 10 - 11 am 18 months -12 years old

Registration is free but required for each program.

Sign Up Here







500 College Ave, Swarthmore, PA 19081 www.scottarboretum.org 610-328-8025

The Scott Arboretum of Swarthmore College

Call for Volunteers

Seeking high schoolers that need volunteer hours or an internship. Please contact Rachel Warren at rwarren3@swarthmore.edu

March 2023

Amachi Chester

Easter Gathering



March 2023

Andrew L. Hicks, Jr. Foundation

Camp Lionheart

Zip-Lining Adventure Swing Hiking Swimming Kayaking Campfires on the beach





at NorthBay Adventure North East, Maryland

www.ALHjr.org

C A



IMPORTANT INFO: Chester students entering 3rd to 6th in 2023-24 school year can attend

> · Parents can be volunteer chaperones or volunteer kitchen staff! Contact Leah@ALHjr.org for more details.

REGISTRATION OPENS APRIL 1 SPACE IS LIMITED



FOR MORE INFO: Brittani@ALHjr.org Lona Pangia -Lona@ALHjr.org

Camp Lionheart is the perfect opportunity to provide children with a safe environment where they can connect with peers, feel free to play outdoors and just be kids. Summer camp helps develop resiliency by giving children the opportunity to build relationships and feel a sense of belonging.



March 2023

Clean Air Council

Job Opening

CLEAN AIR COUNCIL

Job Opportunity: Delaware County Community Organizer

Location: Chester, PA

Schedule:Part Time (20 hours per week)

Application deadline: Applications will be accepted until the position is filled. Ideal start date is

March 2023

About Clean Air Council

The Council is a member-supported environmental organization dedicated to protecting everyone's right to a healthy environment for over 50 years. The Council uses public education, community organizing, and legal action to advocate for environmental justice and the right of all residents to clean air, pure water, and a healthy environment. The Council believes that all residents should have the opportunity for meaningful input on the decisions that impact their health, environment, and quality of life.

Position Description

The Delaware County Community Organizer will be responsible for implementing Clean Air Council's outreach, organizing, and education work in Chester, PA. The organizer will be working in three program areas: environmental justice, climate resiliency and watershed protections. The Delco community organizer will work to support Chester area residents in gaining an understanding of local environmental issues and health impacts from industrial facilities, raising their concerns with decision makers at the local, county, and state level, and advocating for positive change. The organizer will be a part of the Delaware County team, which includes the Delaware County Advocacy Coordinator (covering Marcus Hook and Chichester area), and the Delaware County Programs Director.

Responsibilities

General EJ Advocacy

- Educate the public, including residents, local officials and local groups, about the health
 and environmental impacts of existing and proposed industrial facilities.
- Teach residents how to recognize potential pollution incidents and report them to the appropriate agencies.
- Organize and support residents in speaking in public meetings and submitting public comments addressing pollution concerns from local industrial sources.
- Work with residents and coalition partners to develop a long-term vision for the waterfront.

Climate Resilient Communities Project (CRCP)

 Work with the Delaware County team to implement a community engagement plan and support the implementation of community engagement events

- Recruit community members to participate in an Advisory Panel, focus groups, visioning sessions, community meetings, and in selecting and advancing local greening projects
- Support the distribution and presentation of climate impact data and research reports to community members and local stakeholders

Qualifications

- Previous experience in community outreach, community organizing, teaching, or work that required similar skills
- Knowledge of local community assets and concerns
- · Excellent written and oral communications skills
- Public speaking experience is a plus

Other Considerations

- · The Council will prioritize candidates that live in or near the City of Chester, PA
- Some local travel may be required, but the Council will cover the cost of public transportation, mileage reimbursement, or rental cars
- · Some occasional evening and weekends may be required

Compensation

Pay is commensurate with experience and qualifications. The salary range for this part-time position is \$20,000-\$24,000 for 20 hours per week, with the potential opportunity to go full time in 3-6 months pending additional program funding.

Benefits for part-time position

- 10 vacation days plus 2 personal days per year
- 10 Staff holidays
- Flexible working hours and flex time
- Remote and hybrid work options (in addition to in-person meetings and events)

How to Apply

Applicants should send a cover letter and resume to Matt Walker, Advocacy Director, at mwalker@cleanair.org. Please cc Eve Miari (emiari@cleanair.org) and use the subject "Chester Community Organizer Application_[LAST NAME]."

Clean Air Council strongly encourages applicants who would contribute to the Council's efforts to continue to grow a diverse and inclusive staff.

March 2023

NAACP Chester

Something we can all do

.. To address one part of climate change:

RECYCLE!!

Really??

REALLY!!!



Use the blue cans on recycle day, no plastic bags in the can.

#ChesterCanRecycle: Chester's information:

https://www.chestercity.com/resources/trash-and-recycling-collection/

How does sorting out paper/glass/plastics help?



LESS HEATING of the atmosphere!
BETTER AIR QUALITY!!

LESS BURNING.

REUSE WHAT IS RECYCLED

REMEMBER: When plastics, paper, glass are burned:

- it causes air pollution, heats the air and emits CO2 which warms the planet.
- the air changes & contributes to asthma, cancer and other ailments.

Brought to you by NAACP Chester Branch-Environmental & Climate Justice Committee - 2023

March 2023

Marcus Hook Neighbors

Art Contest



We want YOUR help to create art for Marcus Hook Area Neighbors!

Our Theme: Reimagine Your Environment!

What if there were no tank farms or industrial sites in our community? What could the land be used for instead, and what could that look like? Imagine something that you would build or change in our community to make it a healthier place, and then bring it to life in your art!

- Contest open to residents aged 12-21 of the 19061 and 19013 zip codes
- Entries should be 11"x14" (1375x1750 px) in any medium
- 5-10 finalists will be chosen by Marcus Hook Area Neighbors leadership team, depending on number of entries
- Community members will vote to choose a winner from the finalists via social media and email
- Winner will receive a \$100 Visa gift card and their design will be featured on MHAN merchandise such as t-shirts and totes

To enter:

Submit scanned artwork to marcushookneighbors@gmail.com
Please include: artist's name, address (will not be made public), and age, along with a title and description of the piece.
Submissions will be accepted until April 1, 2023

March 2023

Free Children Gun Locks (Safety Kits)

Project ChildSafe Law Enforcement partners in PA

View list

March 2023

Keep Music Alive

Keep Music Alive was founded by husband and wife team Vincent James & Joann Pierdomenico in the summer of 2014. We believe every child deserves the opportunity to learn how to play music and every adult needs to be reminded that it's never too late to start playing.

Keep Music Alive is always looking to partner with other local non-profits - You can contact us at vincent@keepmusicalive.org or (610) 874-6312

March 2023

Child Guidance Resource Center

Parenting Solutions For You

Powered by Child Guidance Resource Centers, *Parenting Solutions For You* is a first-of-its-kind parenting center serving to promote emotional wellness for children and families through various streams of psychoeducation for parents and caregivers. *Parenting Solutions For You* offers proactive and inclusive support for all stages of parenthood. It is our mission to provide the tools that foster the positive emotional and mental health of the whole family system.

Learn more

March 2023

The Foundation for Delaware County

Aftershock Film Screening

Please see the flyer below for an additional opportunity to come together as a community of maternal & paternal health advocates, parents, birth-workers, healthcare providers, funders, community partners, and legislators to talk about the Black maternal health crisis in the US and in Delaware County – we hope you will share this event with others. In recognition of Black Maternal Health Week on Wednesday, April 12th, The Foundation for Delaware County and partners from Delaware County Council, Maternity Care Coalition and the Delaware County Health Department will be hosting a screening of the documentary Aftershock, which debuted last year at the Sundance Film Festival. The event will be held in person at Delaware County Community College in the Academic Building Auditorium from 4:00-7:00p.m. Registration will begin at 3:30p.m, light refreshments will be provided during intermission.

To register for this *free* event, please visit: <u>Aftershock Film Screening - The Foundation for Delaware County (delcofoundation.org)</u>. Please be sure to complete the information in the registration form indicating your request for CE credits. A calendar invite is also attached to this email if you would like to save.

Following the screening, we will have a community conversation moderated by Simuelle Myers, MA, Chief Diversity and Inclusion Officer, Delaware County Community College.

PRESENTED BY THE FOUNDATION FOR DELAWARE COUNTY, DELAWARE COUNTY COUNCIL, DELAWARE COUNTY HEALTH DEPARTMENT AND MATERNITY CARE COALITION

AFTERSHOCK

A DOCUMENTARY FILM SCREENING AND COMMUNITY CONVERSATION ABOUT THE BLACK MATERNAL HEALTH CRISIS







WEDNESDAY, APRIL 12TH, 4:00 - 7:00 P.M. EST

Q DELAWARE COUNTY COMMUNITY COLLEGE

WITH QUESTIONS, PLEASE CONTACT KATIE KENYON AT KKENYON@DELCOFOUNDATION.ORG OR 267.453.6976.

TO REGISTER PLEASE VISIT:

HTTPS://DELCOFOUNDATION.ORG/AFTERSHOCK-FILM-SCREENING/CONTINUING EDUCATION CREDITS AVAILABLE.









The Foundation for Delaware County

(Pandemic resources for pregnant and postpartum women in the Delaware County)

Denise R. Martin

Outreach and Engagement Specialist/Cribs For Kids Coordinator

The Foundation For Delaware County Baldwin Tower 1510 Chester Pike, Suite 300/301 Eddystone, PA 19022

Tele: (610) 619-6113 Cell: (267) 453-7342

Email: dmartin@delcofoundation.org

- Healthy Start is a Community Health Worker model with tiered case management services for
 pregnant women. Staff focus on healthcare access to help ensure full-term and healthy
 pregnancies, support breastfeeding and infant care, manage information and resource
 coordination, connect moms with in-house counseling for Perinatal Mood and Anxiety Disorders
 or postpartum depressions, and civil legal assistance through our Medical Legal Partnership
 program.
- Nurse Family Partnership pairs first-time, low-income mothers with are home-visiting nurses throughout Delaware County. Women must be enrolled in the program prior to 28 weeks to be eligible for the program which continues until the baby's 2nd-birthday. This relationship-based program focuses on healthcare access and health education, positive parenting, infant growth and development, and support for mom in working towards self-sufficiency. Enrolled mothers are also able to access behavioral health supports and civil legal assistance.

- Delaware County WIC (Women, Infants and Children) Program is also a great program to
 ensure healthy pregnancies and improve birth outcomes, focusing on growth and development of
 children. It provides eligible pregnant, postpartum and breastfeeding women, infants and children
 under age 5 with nutrition information, breastfeeding support, and nutritious food and
 referrals. WIC helps to build strong, healthy families and ensure kids enter kindergarten healthy
 and ready to learn!
- Cribs for Kids is a referral-based program to provide Safe Sleep Education and a new Pack &
 Play to families who are challenged by extreme poverty and displacement due to domestic
 violence or house fires. Cribs for Kids nationally has been an important resource and champion in
 the fight to prevent sleep-related deaths in communities across America.
- The Center for Hispanic Resources is a drop in (now telephonic) program that provides
 assistance to Delaware County's Spanish-speaking community. Bilingual case management staff
 assist participants with completing applications, making appointments and connecting with
 community-based resources, providing translation services and limited interpretation services.

The Foundation for Delaware County's
Healthy Start, Nurse-Family Partnership &
Cribs for Kids staff
are here for you during the COVID-19 Crisis.

If you are pregnant and live in Delaware County, please contact us to learn about our helpful programs including; telehealth nurse and case management support, social work services, safe sleep education and supplies, breastfeeding support and civil legal assistance. Please share with others who may qualify!

Bilingual (Spanish-speaking) staff available.

To find out more please contact Denise Martin,
Outreach and Engagement
Specialist, at 267-453-7342
or by email at
dmartin@delcofoundation.org

Our referral form is here!





Please join us for the April CTC meeting on Thursday, April 13th at 9:00AM.

ZOOM INFORMATION FOR MEETING

Zoom ID: 955 2608 7607 **Passcode: 982073**

Join Zoom Meeting https://zoom.us/j/95526087607? pwd=NG9BeWpMTFdVNnJSSHJGZm1EQmNWdz09



Visit CEF's website





The CTC Newsletter is funded in part by the COPE Grant which is Coordinated by Holcomb Behavioral Health Systems, and funded by the Delaware County Department of Human Services, Division of Drug of Alcohol.