





During last week's meeting we celebrated Teacher Appreciation Week. Here are a few

## ways to support teachers all year long:

- Advocate for policies that support teachers (attend school board meetings, call/write elected officials, etc.)
- Check out books and podcasts written and/or created by educators. Here are some suggestions-

**Book**: "The Teachers: A Year Inside America's Most Vulnerable, Important Profession" by Alexandra Robbins

**Podcast**: Black Educators Matter

Talk about it! Share your stories of how the educators in your life have made an impact with friends and family. A public act of appreciation goes a long way, so consider making your next social media post about the power of teachers.

Learn more

### **May 2023 Spotlight**

### **Breastfeeding Support for Chester Families**

Presenter: Kaiden Levy, Program Coordinator, PA Chapter, American Academy of Pediatrics

Our presenter, Kaiden Levy, provided an overview of breastfeeding programs, specifically in the Chester community. Helpful links shared during her presentation can be found below:

Ten Steps to a Breastfeeding Family Friendly Community

The Providing Urgent Maternal Protections (PUMP) for Nursing Mothers Act: What You Should Know

**Zipmilk** 

If you would like to contact Kaiden for partnership opportunities and print outs for your workplace, click here.

# During the May CTC meeting, we asked attendees to answer the following trivia question:

Q: "According to the National Education Association, what percentage of teachers are considering leaving the profession within the next 18-24 months?"

A: 55%

Congratulations to our May CTC trivia winner, Josh Keiner from J. Lewis Crozer Library!



# DELAWARE COUNTY CTC NETWORK ANNOUNCEMENTS MAY 2023

May 2023

#### **Chester Education Foundation**

Chester Education Foundation is currently recruiting for our Blueprint for Success and STEP programs. See fliers for more information, and please share with anyone that you think might be interested. Thanks!



# BLUEPRINT FOR SUCCESS PROGRAM

Need a job? This program is for you!





Resume Prep & Interview Coaching!



Paid Internship!



Job Placement!

Scan this QR code for more information



Are you a high school graduate and need help finding a good job?

Are you between 18-24 years old and reside in Delaware County, PA?

Chester Education Foundation would love to help you create a **Blueprint for Your Success!** Contact us now to get started!





egreene@chestereducation.org



(610) 364-1212



419 Ave of the States, Suite 700 Chester, PA 19013

Equal Opportunity Program / Employer. Auxiliary aids and services are available upon request to individuals with disabilities. For Equal Opportunity concerns, please contact Tatiana Moskatova, EO Compliance Officer at <a href="maskatovat@co.delaware.pa.us">moskatovat@co.delaware.pa.us</a> or 610-359-5020[TTY]. Language Assistance Services are available free of cost. This program is supported by the U.S. Department of Labor as part of an award from the Delaware County Workforce Development Board totaling \$274,952 with \$42,000 (15%) state, local and/or non-governmental funds.

A proud partner of the American Job Center network



# STEP Program

(16-18 years old)
Success Training & Employment Program





College & Career Counseling!



Resume & Interview Prep!



Paid Work Experience!

Scan this QR code for more information



#### EARN AS YOU LEARN!

The **STEP program** offers assistance with college or job applications, financial literacy workshops, tutoring, writing resumes, preparing for interviews, & more!

If you are 16-18 years old and reside in Chester, PA, Chester Education Foundation would love to help you take the next **STEP** towards your future. Contact us now to get started!





egreene@chestereducation.org



(610) 364-1212



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A proud partner of the American Job Center network

May 2023

Foundation for Delaware County: Fatherhood Engagement Committee



The Foundation for Delaware County Fatherhood Engagement Committee

#### FATHERHOOD AWARENESS MONTH

Save the Date and Call for Programming

The Fatherhood Engagement Committee invites you to create a fatherhood related event, virtual or in person, during the month of June 2023.

The Fatherhood Engagement Committee was launched in 2021 to create a fatherhood continuum of care amongst community providers. This Continuum of Care collects and coordinates services in Delaware County to assist fathers in the pregnancy, birth, and postpartum fatherhood journey.

Be sure to check out the Dad's Cafe May 10, 2023 6:30 p.m. gifts provided!

Registration https://tinyurl.com/572nf4j8

THE THIRD ANNUAL FATHERHOOD SUMMIT WILL TAKE PLACE THE WEDNESDAY AFTER FATHER'S DAY, JUNE 21, 2023 We will share more details soon.
CONTACT DR. ONAJE MUID:
omuid@delcofoundation.org
215 990-1279



May 2023

**J. Lewis Crozer Library** 

to keep you posted on what's happening at Grozer...

### FEATURED PROGRAMS

#### **CRAFTERNOON**

DIY PAPER FLOWER BOUQUETS & POP-UP CARDS

Let's show love and appreciation for the special women in our lives! Come to Crozer Library to learn how to make paper flower bouquets and pop-up cards that will be sure to brighten their day! All supplies and instruction provided.

THURSDAY MAY 11TH 11:00AM - 12:00PM SATURDAY MAY 13TH 11:00AM - 12:00PM



#### **SPRING PAINT PARTY**

Create your own cherry blossom tree masterpiece!

Come to Crozer Library and enjoy an evening of Come to Crozer Library and enjoy an evening of painting! Local artist and Assistant Director, Joann Simone, will guide you in creating a cherry blossom tree in full bloom to celebrate spring and Asian American and Pacific Islander Heritage Month. All supplies included.

Space is limited so be sure to register by scanning the QR code or by calling the library at 610-494-3454.



WEDNESDAYS 10:00AM - 11:00AM

May 2023

J. LEWIS CROZER LIBRARY

Programs

## **RECURRING PROGRAMS**

check these out EVERY month!

#### **DIGITAL DILEMMAS**

Having issues with your email? Can't upload photos to social media or get them off your phone? Need help accessing attachments or perhaps creating marketing materials?

Bring your device and digital dilemma to the library for one-on-one assistancel Register for a 20-minute appointment online by scanning the QR code or by calling the library at 610-494-3454.

TUESDAYS 11:00AM - 1:00PM FRIDAYS 1:00PM - 3:00PM







Come to Crozer Library and get over the mid-week slump by coloring yourself calm! Coffee, tea, and all coloring supplies provided.

Adult coloring can improve your health by promoting mindfulness, by relieving stress, by prioritoring immunitiess, by the neurons are say, or giving your brain a workout-requires the right and left hemispheres of your brain to communicate to complete the task, nutruing your creativity along with other skills, by embracing the opportunity for play as it can be an enjoyable and relaxing activity that takes us back to our childhood and resurfaces old memories.

WEDNESDAYS 10:00AM - 11:00AM

#### HERBAL TEA BLENDING

WITH TIFFANY ROBBINS

May 2023

Learn how to blend a variety of herbs into a tasty tea!

Local clinical herbalist Tiffany Robbins will guide participants on how to select and blend herbs, based on their different attributes, for taste and nourishment. The best part of this program will be sipping these wonderful libations!

Register by scanning the QR code or by calling the library at 610-494-3454.

THURSDAY MAY 18TH 6:15PM - 7:15PM





#### **CELEBRATING JEWISH** HERITAGE IN COMICS

In honor of Jewish Heritage Month, Crozer Library explores Jewish superheroes and the writers and artists who played an important role in the creation of modern comics!

This special program will feature an art exhibit showcasing the history of Jewish heritage in comics as well as a DIY superhero cape craft for kids. All supplies included.

THURSDAY MAY 25TH 4:00PM - 5:00PM

#### LIBRARY MURAL PROJECT

Please share your ideas and vision for the creation of new exterior artwork by Painting Freedom that will be painted by YOU, the community of Chester, for the J. Lewis Crozer Library!

Scan the OR code below and complete the form or come into the library and fill out the form at the customer service desk



May 2023

J. LEWIS CROZER LIBRARY

Programs

#### **READ & PLAY**

A FAMILY & FRIENDS STORYTIME

This program is designed to promote language and early literacy skills through interactive stories, songs, rhymes, and movement. Children of all ages and abilities are welcome to learn and play together!

THURSDAYS 10:30AM - 11:15AM





#### **EXERCISE WITH KYLE**

Looking to start exercising again or reenergize your exercise routine?

Join Certified Personal Trainer, Kyle Lanier, for a low impact/chair exercise program using light weights to work on your strength, stamina, and balance. Please bring your own towel and be sure to wear comfortable clothes and shoes! All ages welcome. No registration required.

**EVERY 1ST AND 3RD THURSDAY 11:30AM** 

#### DIGITAL SKILLS (65+)

Learn basic computer to advanced computer skills in a fun, stress-free environment! No prior knowledge or computer experience required.

Register by scanning the QR code or by calling the library 610-494-3454.

THURSDAYS 2:00PM - 3:00PM





#### **DIGITAL SKILLS (ALL AGES)**

Learn basic computer to advanced computer skills in a fun, stress-free environment! No prior knowledge or computer experience required.

Register by scanning the QR code or by calling the library 610-494-3454.

THURSDAYS 3:00PM - 4:00PM





#### JOB SEARCH & CAREER TOOLS

Need help navigating the job search and application process?

Schedule a one-on-one appointment for support and resources on job searching techniques, career building tools, and creating or updating your resume and cover letter.

Register for an appointment online by scanning the QR code or by calling the library 610-494-3454.



EVERY 1ST AND 3RD THURSDAY 6:00PM - 7:30PM

#### **MOVIE NIGHT @ CROZER**

Take a seat and chill in the Crozer Community Room to enjoy a movie and FREE popcorn!

May 4th Solo: A Star Wars Story
May 11th Shang-Chi and the Legend of the

May 11th Shang-Chi and the Legend of the Ten Rings May 25th Black Adam

THURSDAYS 5:30PM



#### MOVIE MATINEES @ Crozer

Take a seat and chill in the Crozer Community Room to enjoy an afternoon movie and FREE popcorn!

May 12th Everything, Everywhere All at Once May 19th Minari May 26th Lion

FRINAVS 1:30PM



#### **CROZER GOT GAME**

ARE YOU GAME?

Drop by Crozer Library for an hour or two of board gaming fun. The Library will provide a variety of tabletop board games, cards, puzzles, and more, or you can bring your own favorite game to share. All ages welcome.

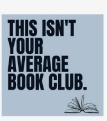
SATURDAYS ONCE A MONTH 1:30PM - 3:30PM

# NO PRESSURE BOOK

No assigned books. No pressure.

Come to Crozer Library once a month for No Pressure Book Club, a relaxed gathering of readers and book lovers to talk about books. What kind of books? Any kind! Talk about one you're currently reading or listening to, one you're read, or even one you'd like to read. Light refreshments will be provided.

THURSDAYS ONCE A MONTH 6:00PM - 7:00PM



#### May 2023

#### **Widener University**

Social Work Counseling Services

#### **About SWCS**

Social Work Counseling Services (SWCS) is a human services agency of the Center for Social Work Education that serves a dual mission of helping the community, while also providing internship experiences in an agency setting, offering real-world generalist or clinical social worker experience.

#### Eligibility for Services

- · 18 and over
- Not currently receiving therapeutic services elsewhere



# Social Work Counseling Services



#### Contact Us

#### Our Website

https://www.widener.edu about/campuscommunityresources/clinicscenters/social-workcounseling-services



#### **Our Address**

Hannum House 524 East 14th St Chester, PA 19013 Intersection of 14th and Walnut Meeting people where they are... supporting where they want to be.

#### **Child and Family Focus**

Call for Respite Provider



CAREGIVERS, DO YOU NEED A BREAK?!

# **C**hild and Family Focus

CHILDREN'S
MENTAL HEALTH
RESPITE
PROGRAM

EMAIL: RESPITE@CHILDANDFAMILYFOCUS.ORG

CALL: 610-732-8682

**VISIT: WWW.CHILDANDFAMILYFOCUS.ORG** 

# FIND OUT IF YOUR FAMILY IS ELIGIBLE FOR FREE RESPITE CHILD CARE:

Children ages 3-21 with a mental health diagnosis, and mental health services, residing in Bucks, Chester, or Delaware Counties may be eligible.



May 2023

**The Scott Arboretum of Swarthmore College** 





From big and blousy to delicate and dazzling, explore and appreciate the variety peonies bring to spring.

#### WEDNESDAY, MAY 24

1 – 7 pm | Peony Show Open to Public

3 - 6 pm | Make & Take **Youth Peony Arranging** 

5:30 pm | Judging for Youth Peony **Arranging Contest** 

#### **THURSDAY, MAY 25**

10 am - 5 pm | Peony Show Open to Public

3 pm | Garden Peony Tour

All events hosted at the Scott Arboretum. Visit scottarboretum.org for full event details.



May 2023

#### **Tripley Foundation**

# June 19th - June 29th

#### at Mt. Pleasant Baptist Church

Camp Encouragement supports and nurtures children who are grieving the loss of a loved one and provides a place to heal, grow and live a more fulfilling life. We envision a world where grieving children are not forgotten or left to grieve alone and are supported by a community that appreciates them.



Learn more and register

May 2023

#### **Chester Community Coalition**





REGISTER FOR THE ADVOCACY TRAINING, 5/17 CRIME SURVIVORS FOR SAFETY AND JUSTICE PRESENTS

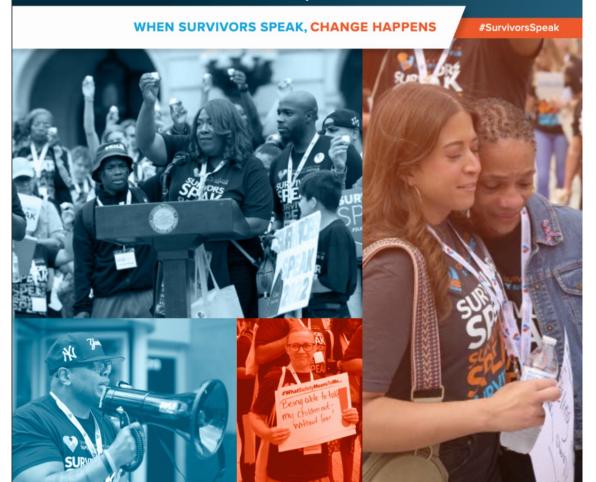
# SURVIV\*RS SPEAK



REGISTER TO ATTEND FROM CHESTER, 6/13

PENNSYLVANIA | 2023

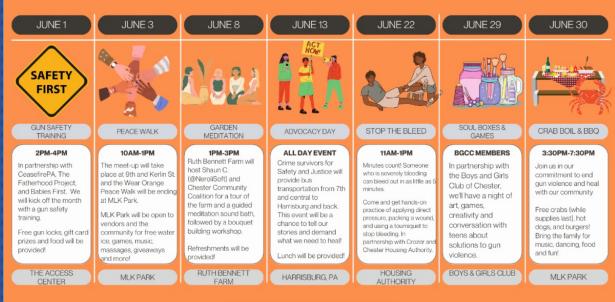
June 13, 2023







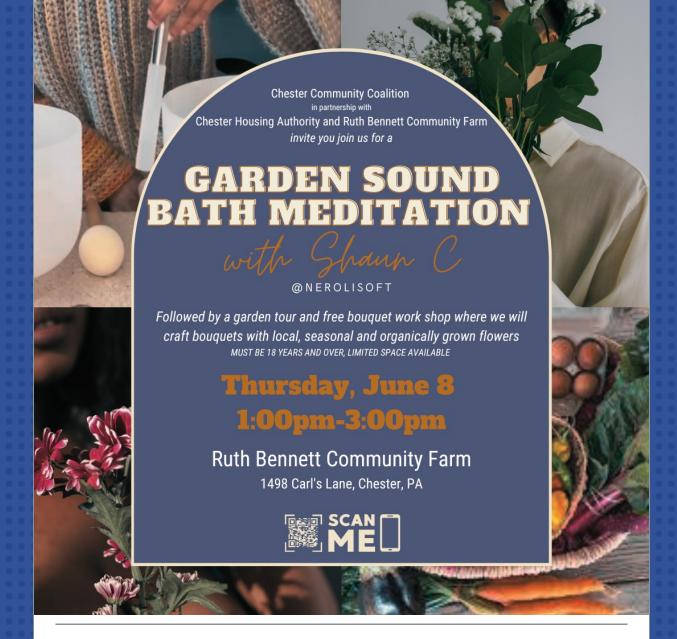
## **NATIONAL GUN VIOLENCE AWARENESS MONTH EVENT CALENDAR**



WHY DO YOU WEAR ORANGE?

May 2023

Ruth Bennett Community Farm, Chester Community Coalition , and Chester Housing Authority



May 2023

**CeaseFire PA** 



May 2023

**Delaware County Health Department** 





# Community Health Assessment SURVEY



We need YOUR help!



What matters to you?

The Delaware County Health Department and its partners in the community will use this information to find out what health issues you care about and your ideas to make our community healthier.

Or Click Here for Survey

Results Link

May 2023

**Crozer Health and Chester Community Coalition** 

#### **Free Training Register TODAY!** Approximately 40% of traumarelated deaths worldwide are due to bleeding Tourniquet **Training** Seminar Stop the Bleed is one of our nation's largest public health campaigns. It's goal is to save lives by training people how to stop traumatic bleeding. Anyone can be trained and be ready to save someone's life - a friend, a family member, or the person next to you - whether you know them or not. Traumatic Get trained, be ready, spread the word. Stop the Bleed. Wound First Aid Managment June 22, 2023 **Time** 11:00AM-1:00PM light breakfast will be provided More Info **Chester Community Coalition** (610) 368-0714 SCAN ME CHESTER COMMUNITY CROZER HEALTH' COALITION

May 2023

#### **Chester Boys and Girls Club**

After Prom

Reach out to Angie Johnson for more information on tables, vending, and volunteer opportunities for the Chester After Prom hosted by the Chester Boys and Girls Club.

Contact

May 2023

#### **4 Circles Beyond**

Peace, Liberation, and The Arts Camp

The Peace, Liberation & The Arts (PL&A) Summer Camp provides a multi-week experience for youth, ages 12 - 17. In order to foster peace and liberation for Chester youth, we must address at least three circles – the personal, the family and the larger community.

Learn more

May 2023

#### **The Foundation for Delaware County**

(Pandemic resources for pregnant and postpartum women in the Delaware County)

#### Denise R. Martin

Outreach and Engagement Specialist/Cribs For Kids Coordinator

The Foundation For Delaware County Baldwin Tower 1510 Chester Pike, Suite 300/301 Eddystone, PA 19022

Tele: (610) 619-6113 Cell: (267) 453-7342

Email: dmartin@delcofoundation.org

- Healthy Start is a Community Health Worker model with tiered case management services for
  pregnant women. Staff focus on healthcare access to help ensure full-term and healthy
  pregnancies, support breastfeeding and infant care, manage information and resource
  coordination, connect moms with in-house counseling for Perinatal Mood and Anxiety Disorders
  or postpartum depressions, and civil legal assistance through our Medical Legal Partnership
  program.
- Nurse Family Partnership pairs first-time, low-income mothers with are home-visiting nurses throughout Delaware County. Women must be enrolled in the program prior to 28 weeks to be eligible for the program which continues until the baby's 2nd-birthday. This relationship-based program focuses on healthcare access and health education, positive parenting, infant growth and development, and support for mom in working towards self-sufficiency. Enrolled mothers are also able to access behavioral health supports and civil legal assistance.
- Delaware County WIC (Women, Infants and Children) Program is also a great program to
  ensure healthy pregnancies and improve birth outcomes, focusing on growth and development of
  children. It provides eligible pregnant, postpartum and breastfeeding women, infants and children
  under age 5 with nutrition information, breastfeeding support, and nutritious food and
  referrals. WIC helps to build strong, healthy families and ensure kids enter kindergarten healthy
  and ready to learn!
- Cribs for Kids is a referral-based program to provide Safe Sleep Education and a new Pack & Play to families who are challenged by extreme poverty and displacement due to domestic violence or house fires. Cribs for Kids nationally has been an important resource and champion in the fight to prevent sleep-related deaths in communities across America.
- The Center for Hispanic Resources is a drop in (now telephonic) program that provides
  assistance to Delaware County's Spanish-speaking community. Bilingual case management staff
  assist participants with completing applications, making appointments and connecting with
  community-based resources, providing translation services and limited interpretation services.

The Foundation for Delaware County's
Healthy Start, Nurse-Family Partnership &
Cribs for Kids staff
are here for you during the COVID-19 Crisis.

If you are pregnant and live in Delaware County, please contact us to learn about our helpful programs including; telehealth nurse and case management support, social work services, safe sleep education and supplies, breastfeeding support and civil legal assistance. Please share with others who may qualify!

Bilingual (Spanish-speaking) staff available.

To find out more please contact Denise Martin,
Outreach and Engagement
Specialist, at 267-453-7342
or by email at
dmartin@delcofoundation.org

Our referral form is here!





# Please join us for the June CTC meeting on Thursday, June 8th at 9:00AM.

ZOOM INFORMATION FOR MEETING Zoom ID: 955 2608 7607 Passcode: 982073

Join Zoom Meeting
<a href="https://zoom.us/j/95526087607?">https://zoom.us/j/95526087607?</a>
<a href="pwd=NG9BeWpMTFdVNnJSSHJGZm1EQmNWdz09">pwd=NG9BeWpMTFdVNnJSSHJGZm1EQmNWdz09</a>



Visit CEF's website





The CTC Newsletter is funded in part by the COPE Grant which is Coordinated by Holcomb Behavioral Health Systems, and funded by the Delaware County Department of Human Services, Division of Drug of Alcohol.