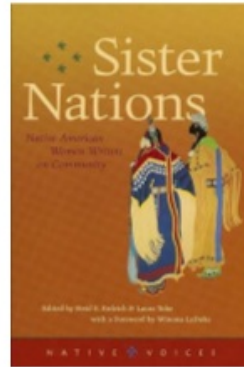
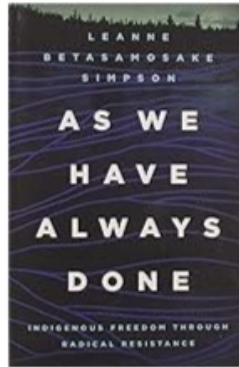
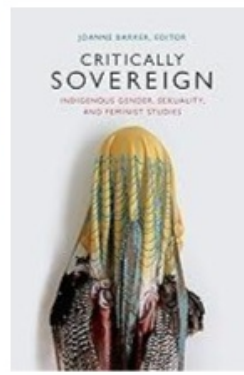
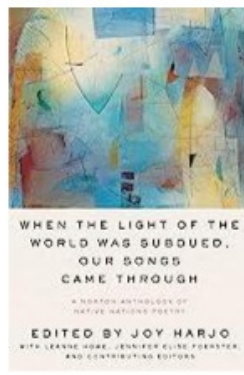
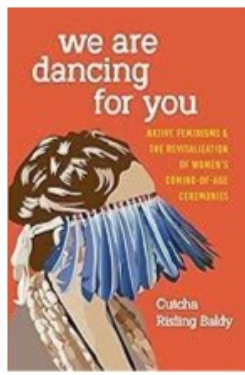




NOVEMBER
NATIONAL
NATIVE
AMERICAN
HERITAGE MONTH

- Delaware County, PA is located in Lenapehoking, widely translated as “homelands of the Lenape.”
- For many First Nations peoples, storytelling is a crucial aspect of the Indigenous experience and worldview. NDN Girls Book Club hosts free community workshops for Native people, especially Native youth & girls, in poetry, zine-making, editing, book trading, Native literature talks, and more. They also co-host events that aim to build community for Native art and literature!
- For more information about workshops, reading guides, activities, and other resources to bring Native poetics to your community, home, classroom, relatives, and friends, visit the NDN Girls Book Club website: <https://ndngirlsbookclub.org/>



Recommended reading list from NDN Girls Book Club Founders:

1. We Are Dancing for You by Cutcha Risling Baldy
2. When the Light of the World was Subdued, Our Songs Came Through, ed. Joy Harjo
3. Critically Sovereign by Joanne Barker
4. As We Have Always Done by Leanne Betasamosake Simpson
5. Poukahangatus by Tayi Tibble
6. Sister Nations, ed. Heid E. Erdrich



November 2023 Spotlight

Making a Change Group

(a Safer Schools Stronger Neighborhoods Coalition Member*)

**Presenter: Cory Long (Executive Director)
& Tiffany Laury (Program Director)**

Thank you to Cory Long and Tiffany Laury for providing an overview of the important work Making a Change Group (MACG) is doing in the community.

Connected Visions: MACG's family-based program designed for moderate to low-income families. Participants receive support to help them reach their financial, educational, vocational, and personal goals.

GVINE (Gun Violence Intervention Network & Empowerment Program): Interrupting cycles of gun violence in Chester. Focusing on youth ages 10-21, GVINE's essential services include: outreach to at-risk youth; on-street and in-school violence intervention; one-on-one and group mentorship; individual case management; and referral to external providers

For more information on Making a Change Group's programs, click [here](#).

**To contact Cory Long, click [here](#).
To contact Tiffany Laury, click [here](#).**

**Safer Schools Stronger Neighborhoods Coalition is focused on increasing local coordination to more effectively prevent, intervene and respond to gun and group violence among those between 11- and 24-years-old in the city of Chester. Coalition members include: CASA Youth Advocates, Boys & Girls Club of Chester, Chester Community Coalition, Making a Change Group, and Chester Education Foundation.)*

[View Presentation](#)

During the November CTC meeting, we asked the following trivia question:

Q: How many Indigenous languages are spoken in the US today?

A: 169

Source: census.gov

Congratulations to our November CTC trivia winner, Tiffany Laury from Making a Change Group.



DELAWARE COUNTY CTC NETWORK ANNOUNCEMENTS NOVEMBER 2023

November 2023

Chester Education Foundation

CHESTER EDUCATION FOUNDATION DIGITAL NAVIGATOR SERVICES

WHAT IS A DIGITAL NAVIGATOR?

DIGITAL NAVIGATORS ARE TRUSTED GUIDES WHO ADDRESS THE WHOLE DIGITAL INCLUSION PROCESS—HOME CONNECTIVITY, DEVICES, AND DIGITAL SKILLS.

WE CAN HELP YOU:

- Sign up for FREE or low-cost broadband internet through the Affordable Connectivity Program (ACP)
- Find & enroll in a digital skills class, or get connected with an adult education or workforce program
- Assistance with obtaining a free or low-cost device (i.e. laptop, desktop, tablet)
- and MORE!



CEF Chester Education Foundation

FOR MORE INFORMATION:

Website: www.chestereducation.org

Email: digitalnavigator@chestereducation.org

Phone: (610)364-1212 ext. 106



OPERATED BY Chester Education Foundation is part of the Digital Navigator Network through the support of the United Way of Greater Philadelphia and Southern NJ

Learn more

November 2023

Indigenous Education Non-Profit

BEFORE PHILADELPHIA

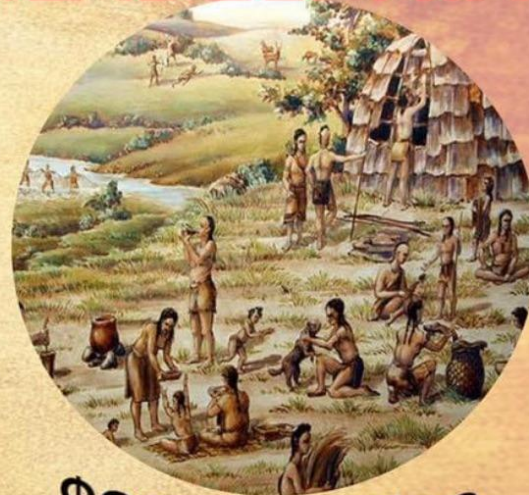
THE INDIGENOUS VILLAGES OF PHILADELPHIA

A workshop honoring:
The Lenni Lenape land of
Lenapehoking &
Native American Heritage Month

Nov. 14, 2023

**IPAM- 1608 Ridge Ave.
Philadelphia, PA**

6:30-8:30 PM est



\$20 Donation

For more information: email- info@indedu.org



web-indedu.org

November 2023

The Scott Arboretum of Swarthmore College

SCOTT ARBORETUM

Gorgeous greens,
holiday accents,
long-lasting wreaths,
and free fun for the
whole family!



Holiday Sale

Rain or shine!



Saturday, December 2

10 to 11 am Member Shopping • 11 am to 1 pm Public Shopping

Wister Center



First time members
at the sale receive a
FREE bag of greens!
Current members **SAVE**
\$10 on their first bag!

Create kid's nature craft with story time at 12 pm
Get decorating advice and inspiration from local experts
and locally-collected greens, berries, and cones



scottarboretum.org

Wister Center • 500 College Avenue • Swarthmore, PA 19081 • 610-328-8025

Family Green Wreath Workshop (11/29/23)

December 2nd Wreath Presales

November 2023

Voices for Children Coalition



**Voices for Children is excited to host our new
Legislative Education Advocacy Training
on Tuesday November 14th.**

Join our legislative advocacy workshop to gain the skills and knowledge necessary to effectively advocate for policy change to benefit the lives of children and families in Delaware County.

Our full day training offers hands-on support to develop talking points and data-driven child well-being policy suggestions, as well as classroom instruction to increase your understanding of governmental structure, with a focus on your local legislators.

The workshop concludes with a visit to a local legislator to share your newly developed advocacy asks and practice speaking with change makers.

Don't miss this opportunity to become a more effective advocate for the issues you care about.

This training will be held at the CASA Youth Advocates office at 117 Gayley Street, Media PA 19063, from 10:00-4:30 pm.

**Training is free, seating is limited to 12 participants.
Lunch will be provided.**



**Register for this
training here**



November 2023

Widener University

WIDENER UNIVERSITY



SCIENCE NIGHT

FRIDAY, DEC 8
FREE AND OPEN TO THE PUBLIC!

CHEMISTRY DEMONSTRATION SHOW
PRESENTED BY CHEM CLUB AND ALPHA CHI SIGMA
6:00 PM KIRKBRIDE 149

STARGAZING 6:45 PM
WIDENER OBSERVATORY

Scan to
RSVP!



Contact: rjmishur@widener.edu

November 2023

Child and Family Focus



Child and Family Focus

CHILDREN'S
MENTAL HEALTH
RESPIRE
PROGRAM

CAREGIVERS, DO
YOU NEED A
BREAK?!

EMAIL: RESPITE@CHILDANDFAMILYFOCUS.ORG
CALL: 610-732-8682
VISIT: WWW.CHILDANDFAMILYFOCUS.ORG

FIND OUT IF YOUR
FAMILY IS ELIGIBLE
FOR FREE RESPIRE
CHILD CARE:

Children ages 3-21 with a
mental health diagnosis, and
mental health services, residing
in Bucks, Chester, or Delaware
Counties may be eligible.



SCAN ME

November 2023

Child Guidance Resource Centers

SAVE THE DATE!

Community
Connections:
**Mental Health
Resource Fair**

NOVEMBER 17

9:00 AM TO 11:00 AM

AT CHILD GUIDANCE RESOURCE CENTER
2000 OLD WEST CHESTER PIKE
HAVERTOWN PA 19083



**Hosted By:
Senator Amanda M. Cappelletti
with Child Guidance
Resource Center**

November 2023

I-Lead

It's Never Too Late to Get Your College Degree!

Whether you are just graduating high school
or always wanted to get your degree
(or finish your degree)
the ACE program is perfect for you!



The Achieve College Education (ACE) program is a collaboration developed by I-LEAD, Inc. that brings together community-based organizations and Harcum College to provide associate degree programs for traditionally under-served students. Since 2005, more than 1,500 working adults have earned an associate degree. With full accreditation by the Middle States Commission on Higher Education, graduates can transfer credits to bachelor's degree programs.

I-LEAD designed the ACE college program to address the primary barriers underserved working adults face: time, cost, preparedness, and lack of familiarity with higher education systems. ACE offers affordable tuition, an accelerated format, and evening courses which meet twice a week online in real-time with a live instructor and classmates. Most importantly, the ACE partners work together to support student success from application through to graduation, including navigation of the financial aid process and college administration.

For more information, contact Nolan Fontaine:
nolan.fontaine@i-leadusa.org

Foster Youth Can Attend College for Free!

Did You Know....
That Youth Who Entered Foster Care
Before Age 16 Can Attend College For Free?



I-LEAD, a non-profit that has helped more than 1,500 working adults earn an associate degree, helps foster youth and resource parents find the right college that fits your needs. Our College Coach will help you complete the financial aid forms, apply for scholarships that will allow youth to remain on campus over holidays and breaks, connect with an on-campus advisor, and so much more!

Want to learn more? Contact Cynda Clyde:
cclyde@i-leadusa.org

November 2023

Chapel of the Good Shepherd



SATURDAY
NOVEMBER 18, 2023
1:00 – 3:30PM

OPERATION **more**
warm **than**
COAT GIVEAWAY **a coat**

FREE COATS FOR CHILDREN/YOUTH (Size 2T – 18)

FREE GENTLY USED COATS FOR ADULTS

Please know the size you need prior to arrival

For More Information contact Rev. Toni Truehart at 610-246-2930

2 EVENTS | 1 DATE | ALL ARE WELCOME!

Chapel of the Good Shepherd Presents
Indoor Night at the Movies

SATURDAY
NOVEMBER 18, 2023
Arrive By 3:00 PM
Movie Time 4:00 PM

FOR CHILDREN & ADULTS

Come dressed as your favorite
bible character! Prizes available!



The Chapel of the Good Shepherd | 654 Church Lane | Yeadon PA 19050
Questions? Call (610) 626-2815

November 2023

Holcomb Behavioral Health Systems

Holcomb Behavioral Health Systems is pleased to offer the following programs FREE to Delaware County Schools & Community Organizations

Positive Action (1st-3rd Grade): Positive Action is a 6-lesson program which encourages students to make positive choices. It works by teaching and reinforcing that you feel good about yourself when you do positive actions, and there's a positive way to do everything. Positive Action is designed to improve academic achievement, school attendance, and problem behaviors.

Keep A Clear Mind (4th-6th Grade): KACM is a 5-lesson program that introduces the topics of Alcohol, Tobacco, Marijuana, and Making Good Choices, and the harmful effects and consequences of each substance. Each week, a Prevention Specialist will introduce the weekly topic and students are given a workbook to be completed with a parent or guardian at home. KACM encourages parents and youth to start the discussion of drugs and alcohol prevention together at home. KACM is a great way to increase parent engagement in your school!

We Know BETter (4th-9th Grade): We Know BETter is a skill building program that will help students from 4th through 9th grade live lives free of alcohol, tobacco, other drugs and gambling. Problem areas addressed include; media's influence on decision making, perception of peer use and engagement in risky behaviors, and understanding that gambling is a risky behavior.

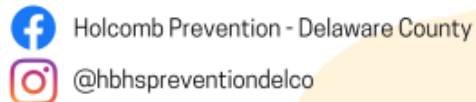
Safe Dates (6th-12th Grade): Safe Dates is a highly engaging and interactive 6-8 session program designed to stop or prevent the initiation of emotional, physical, or sexual abuse between individuals in a dating relationship. Teens learn to recognize the difference between caring, supportive relationships and controlling, manipulative, or abusive relationships.

AVOID (6th-12th Grade): The Anti-Vaping Online Information Dissemination (AVOID) Program is a media-based online prevention toolkit for vape prevention for middle and high school students. It is presented in one-hour weekly sessions, for five weeks. AVOID contains brief educational videos and discussion guides. The videos engage students and provide information. The accompanying discussion guides help Prevention Specialists present these videos to youth and conduct a deeper conversation on vaping topics.

Environmental Campaigns (All Ages): These monthly campaigns aim to break the belief that "everyone is doing it" and educate youth through printed materials, speaking engagements, and activities that, in fact, most youth today are not using drugs or alcohol.

Stall Stories (All Ages): Stall Stories are monthly flyers which highlight environmental campaigns that aim to increase awareness and educate the community on important topics to prevent ATOD use.

2023-2024



For additional information please contact Allison Doherty at Allison.Doherty@chimes.org

These programs are coordinated by Holcomb Behavioral Health Systems and funded by the Delaware County Department of Human Services, Division of Drug and Alcohol.

November 2023

Clean Air Council



Do you have concerns about how the environment impacts your health and your family's health? Take the ASSESS survey to make your voice heard!

Are you 18 or over and living in Boothwyn, Chester City, Chester Township, Eddystone, Linwood, Marcus Hook, Ogden, Parkside, Trainer, Twin Oaks, Upland or Upper Chichester? If you answered yes to these questions, we would like to invite you to complete our survey!

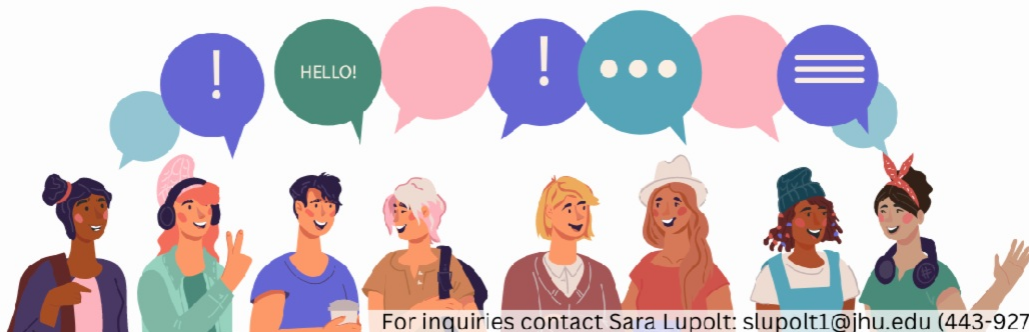
The Clean Air Council, Johns Hopkins Bloomberg School of Public Health, Energy Justice Network, Marcus Hook Area Neighbors for Public Health, and Delco Environmental Justice are conducting a study to investigate the strengths, stressors, and needs of Southern Delaware County communities, as well as health concerns among residents. As part of this study, we are conducting a community health survey. This study will provide information that can be used to advocate for improved public health in the communities of Southern Delaware County. Our study also aims to engage policymakers in the issues that matter most to residents and to empower future community research efforts.

The survey will require approximately 15 to 25 minutes to complete. Participants will be compensated with a \$10 gift card for completion of all required questions in the survey. Participants may also be entered into a raffle to win one of three additional \$50 gift cards if they choose. In order to qualify for participation, you must be 18 and up, live within the study area as listed above, and must provide an email address.

Following the completion of the survey, there will be an opportunity to participate in a focus group which will further investigate the intersection of physical, mental, and community health concerns. Additional compensation will be provided for participation in the focus group. Don't miss this opportunity to engage in these important conversations so that we can work together to advocate for better health outcomes in our community!



**To take the survey scan the QR code with your smart phone camera or visit: redcap.link/assess_survey
Password: healthy families**



For inquiries contact Sara Lupolt: slupolt1@jhu.edu (443-927-3388)

November 2023

Alzheimer Association



AROUND-THE-CLOCK INFORMATION AND SUPPORT

ALZHEIMER'S ASSOCIATION
24/7 HELPLINE: 800.272.3900

The free Alzheimer's Association® 24/7 Helpline allows people living with Alzheimer's disease or dementia, caregivers, families and the public to:

- » Speak confidentially with master's-level care consultants for decision-making support, crisis assistance and education on issues families face every day.
- » Learn about the signs of Alzheimer's and other dementias.
- » Get general information about medications and other treatment options, and legal, financial and care decisions.
- » Find out about local programs and services.
- » Receive help in their preferred language through our bilingual staff or translation service, which accommodates more than 200 languages.
- » Access support through our TTY service (TTY: 866.403.3073) if assistance is required via a teletype device.

This project was supported, in part by grant number 90AC2811-01-00 from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects with government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official ACL policy.

alzheimer's  association®

800.272.3900 | alz.org®

alz.org/delval

November 2023

Making a Change Group

Thanksgiving Meal Distribution. In partnership with Everybody Eats. NO SIGN UP required. Looking for volunteers.

Location: Vittles, 801 Sproul St. Chester, PA 19013

Date: November 22, 2023

Time: 11AM-3PM

Annual MACG Holiday Party. LOOKING FOR TOY DONATIONS.

Location: Bette's Fun Center, 2971 W Dutton Mill Rd, Aston, PA 19014

Date: December 19, 2023

Time: 4PM-8PM

Contact

November 2023

NAACP

Program will start at Chester Eastside Ministries for climate change.

If you are interested in knowing more about the NAACP program on climate change, email me at willrichan@comcast.net

Contact

November 2023

Will Trippley Foundation

Join us on November 28th at The Shipley School in Bryn Mawr, PA for "Healing Connections," presented by the William Trippley Youth Development Foundation.

Immerse yourself in a breathtaking mobile sculpture by local artist and Trippley Foundation board member Brian Fernandes-Halloran. This project is special because it was co-created with the inspiring participants of this year's Camp Encouragement - a haven for grieving children in Chester, PA, and surrounding communities.

In addition to Brian's sculpture, we have the honor of featuring the awe-inspiring photography of Leah Evans, a Trippley Foundation board member whose artwork beautifully encapsulates the core of our foundation's mission.

RSVP

November 2023

Chester Children's Chorus

"Americans Who Tell The Truth" Exhibit

Learn more

Calendar of events.

View

November 2023

Chester Upland Youth Soccer

Calendar of events.

[View Calendar](#)

November 2023

Keystone First Wellness and Opportunity Center

Keystone First will offer resources for improving overall health and well-being. We will connect you to programs for mind, body, and spirit. These programs may include:

- Art classes.
- Music performances and classes.
- Exercise and fitness classes.
- Educational opportunities.
- Job training and employment readiness.
- Access to computers and printing.
- GED classes.
- Cooking demonstrations.
- Weekly food pantry.
- Caregiver support.
- Loss and bereavement groups.
- Help with understanding plan benefits and services.
- Health education and screenings.
- Community resource information.

Regular hours

Monday through Friday: 9 a.m. – 5 p.m.

Please call the center at [1-610-245-9847](tel:1-610-245-9847) for information on special programming.

November 2023

Surveys

Please review and share the information below. Delaware County is going through some exciting changes. These changes include expanding the County Park System and a safer County Transportation system. The Delaware County Planning Department needs your feedback to help build a safer transportation system and an improved park system in the County. Please take a moment to go to the websites below to share your thoughts.

[Walk Roll Delco](#) (sign up and take the survey! This is about Human-powered transportation)

[Vision Zero Delco](#) (Sign up and take the survey! This is about traffic safety for Delco)
[Safety Ambassador program](#) (grassroots effort to talk to people about traffic safety and their experience. Comes with a stipend! Submit interest form)

[New Park](#) (contains the survey and naming contest info!)

Please join us for the December CTC meeting on Thursday, December 14th at 9:00AM.

ZOOM INFORMATION FOR MEETING

Zoom ID: 955 2608 7607

Passcode: 982073

Join Zoom Meeting

*[https://zoom.us/j/95526087607?
pwd=NG9BeWpMTFdVNnJSSHJGZm1EQmNWdz09](https://zoom.us/j/95526087607?pwd=NG9BeWpMTFdVNnJSSHJGZm1EQmNWdz09)*



Visit CEF's
website



The CTC Newsletter is funded in part by the COPE Grant which is Coordinated by Holcomb Behavioral Health Systems, and funded by the Delaware County Department of Human Services, Division of Drug of Alcohol.

Chester Education Foundation | Chester Education Foundation, 419 Avenue of the States , Suite
700,
Chester, PA 19013

[Unsubscribe robert@chestereducation.org](mailto:unsubscribe@chestereducation.org)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent by robert@chestereducation.org powered by



Try email marketing for free today!