



OCTOBER

**NATIONAL
BULLYING
PREVENTION
MONTH**

According to a 2023 study conducted by Lori Latrice Martin, Ph.D. (Associate Dean, College of Humanities & Social Sciences and Professor, Department of African & African American Studies at Louisiana State University)

- About 20% of students ages 12-18 experience bullying, whether in-person, online or both. Of that 20%, 15.3% report being bullied online and/or by text.
- Pennsylvania ranks 6th in the country for biggest bullying problems.
- When it comes to “Bullying Impact and Treatment,” the study ranks Pennsylvania as the second worst.

For more information, please visit <https://www.stopbullying.gov/> or <https://www.stompoutbullying.org/>

Student Participation Toolkit



October 2023 Spotlight

Safer Schools Stronger Neighborhoods (3SN)

**Presenter 1: Cyrise Dixon, Community Violence
Intervention Coordinator,
CASA Youth Advocates**

Thank you to Cyrise Dixon for providing an introduction and overview of the Safer Schools Stronger Neighborhoods (3SN) Coalition. 3SN is focused on increasing local coordination to more effectively prevent, intervene and respond to gun and group violence among those between 11- and 24-years-old in the city of Chester.

If you would like to contact Cyrise Dixon for more information on services, volunteer or partnership opportunities, click [here](#).

**Presenter 2: Angie Johnson, Director of Prevention Programs,
Boys & Girls Club of Chester**

Thank you to Angie Johnson for highlighting the programs, services, and contributions of the Boys & Girls Club of Chester (3SN coalition member).

If you would like to contact Angie for more information on services, volunteer or partnership opportunities, click [here](#).

[Learn More](#)

During the October CTC meeting, we asked attendees to answer the following trivia question:

During the October CTC meeting, we asked the following trivia question:

Q: This month's Spotlight, The Safer Schools Stronger Neighborhoods (3SN) Coalition is funded through a grant from the PA Commission on Crime and Delinquency. Back in 1995, the Delaware County Communities That Care Network was originally funded by the PA Commission on Crime and Delinquency. How many Delco CTC facilitators have we had since 1995?

A: 5

Congratulations to our October CTC trivia winner, Jeannine Fallon Anckaitis from Chester Upland Youth Soccer.



DELAWARE COUNTY CTC NETWORK ANNOUNCEMENTS OCTOBER 2023

October 2023

Chester Education Foundation

Chester Education Foundation (CEF) is a member of the Safer Schools Stronger Neighborhoods (3SN) Coalition spotlighted at the October meeting. CEF's coalition responsibilities include workforce development services for high school students, the creation of a resource hub, and updating of the "DelcoResources" directory. The goal of the resource hub will be to assist Chester residents with accessing information, services, and other resources to meet their needs. Another goal for the resource hub is to increase access to free and/or low-cost broadband connection & devices and to increase digital literacy. As part of that mission, CEF is now a registered testing site for the NorthStar Digital Literacy program. We are also thrilled to share that Comcast donated 50 new laptops for CEF to distribute to eligible residents!

Over the summer, 63 Chester-area high school students were placed and completed a 6-week paid internship with 20 employers through the STEP program, which is funded through the Delaware County Office of Workforce Development. We are happy to announce that 43 students are enrolled in the school year STEP program which also includes a paid internship. Combined, the summer and school year internships put more than \$350,000 into the local economy! As part of the program, a new social emotional learning component, Botvin Life Skills Transitions (LST) was introduced this summer. LST is an evidence-based program proven to reduce gun and other violence, and to increase conflict resolution and communication skills.

This summer, CEF also started a new Certified Pharmacy Tech program for recent high school graduates in collaboration with Dr. Kristin Ball Motley, Pharm D. and funded through the Delaware County Office of Workforce Development. Dr. Motley is a CEF program alum (we are so proud!) and well-respected leader in the movement to increase health care equity in the Philadelphia region. The students loved the 3-day experience that Dr. Motley arranged at St. Joseph's University Pharmacy program with financial support for transportation from the Area Health Education Center (AHEC). Fifteen students have just completed a 12-week training program that included the Botvin Life Skills Transitions. We were able to give everyone a new iPad donated by T-Mobile so they can continue preparing for the exam. Their next phase is a 6-week paid internship with local pharmacies. They will take the certification exam in December.

Please feel free to reach out with questions or partnership opportunities-
cef@chestereducation.org

October 2023

The Scott Arboretum of Swarthmore College

NATURE NOOK



Series 1: 9/8 - 10/13
Series 2: 10/27 - 11/16

Session A: 10:00 - 10:45 am
Session B: 11:15 am - 12:00 pm



Join us for Friday mornings full of nature-themed singing, stories, crafts and dancing with your 18 month - 3 year olds.



Registration Required



AT THE

SCOTT

ARBORETUM



Design & illustration by Super Nature Adventures



THE SCOTT ARBORETUM
OF SWARTHMORE COLLEGE

YOUTH & FAMILY

Visit the Scott Arboretum

FREE and open to the public 365 days a year

Learn more at scottarboretum.org



SCHOOL'S OUT

Monday, October 9
Tuesday, November 7

9:30 am - 12:00 pm

Children ages 3 - 12 with caregiver
Complete nature related activities and
enjoy the Arboretum!

FREE, Drop-In Event
Registration Not Required



AT THE SCOTT ARBORETUM

Design & illustration by Super Nature Adventures



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OF SWARTHMORE COLLEGE

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October 2023

Voices for Children Coalition



**Voices for Children is excited to host our new
Legislative Education Advocacy Training
on Tuesday November 14th.**

Join our legislative advocacy workshop to gain the skills and knowledge necessary to effectively advocate for policy change to benefit the lives of children and families in Delaware County.

Our full day training offers hands-on support to develop talking points and data-driven child well-being policy suggestions, as well as classroom instruction to increase your understanding of governmental structure, with a focus on your local legislators.

The workshop concludes with a visit to a local legislator to share your newly developed advocacy asks and practice speaking with change makers.

Don't miss this opportunity to become a more effective advocate for the issues you care about.

This training will be held at the CASA Youth Advocates office at 117 Gayley Street, Media PA 19063, from 10:00-4:30 pm.

**Training is free, seating is limited to 12 participants.
Lunch will be provided.**

Voices
for children
coalition
VoicesforChildrenDelco.org

**Register for this
training here**



YOU ARE INVITED

Voices for Children Database Unveiling



Voices
for children
coalition

Voices for Children is excited to unveil our Delaware County Child Wellbeing Database.

This brand new resource for our community is user-friendly and easy to navigate, offering local data with comparison data for surrounding counties.

This virtual event will include a walk-through demonstration of the database, how to utilize it, and a presentation on data literacy and use of data in advocacy.

Dr. Marina Barnett from Widener University will present on using data to reveal narratives, critical thinking regarding the implications of data, and the ethical use of data in drawing conclusions.

Shakira Hansley Ellerson will share how data is used to influence policy and as an advocacy tool.

Sessions will be held over Zoom:

- Thursday, October 12th, at 3:00
- Tuesday, October 17th, at 10:00.

Register for this event to receive updates and our Zoom link at <https://tinyurl.com/37vd3hn5>.

VoicesforChildrenDelco.org



October 2023

Widener University

About SWCS

Social Work Counseling Services (SWCS) is a human services agency of the Center for Social Work Education that serves a dual mission of helping the community, while also providing internship experiences in an agency setting, offering real-world generalist or clinical social worker experience.

Eligibility for Services

- 18 and over
- Not currently receiving therapeutic services elsewhere

Contact Us



Social Work Counseling Services



Contact Us
610-499-4682



Our Website
<https://www.widener.edu/about/campus-community-resources/clinics-centers/social-work-counseling-services>



Our Address
Hannum House
524 East 14th St
Chester, PA 19013
Intersection of 14th and Walnut

Meeting people where they are...
supporting where they want to be.

October 2023



Child and Family Focus

CHILDREN'S
MENTAL HEALTH
RESPIRE
PROGRAM

**CAREGIVERS, DO
YOU NEED A
BREAK?!**

EMAIL: RESPITE@CHILDANDFAMILYFOCUS.ORG

CALL: 610-732-8682

VISIT: WWW.CHILDANDFAMILYFOCUS.ORG

**FIND OUT IF YOUR
FAMILY IS ELIGIBLE
FOR FREE RESPIRE
CHILD CARE:**

Children ages 3-21 with a mental health diagnosis, and mental health services, residing in Bucks, Chester, or Delaware Counties may be eligible.



SCAN ME



OCTOBER 21, 2023, 11 AM – 2 PM

DELCORA

FAMILY & FRIENDS

OPEN HOUSE

DELCORA Processing Plant
103 Harwick Street, Chester, PA 19013

Make a left from 291 towards Front Street, follow signs for DELCORA

REFRESHMENTS, GAMES, AND MORE

Learn about what we do to provide our communities with safe and effective wastewater management.

Take a Plant Tour to see the DELCORA
Wastewater Process first-hand

🔹 12 p.m. 🔹 12:30 p.m. 🔹 1 p.m.



SAFETY NOTICE

FOR SAFETY REASONS, ANYONE TAKING A PLANT TOUR MUST WEAR CLOSED TOE SHOES AND WILL BE GIVEN PROTECTIVE HEAD GEAR TO WEAR WHILE PARTICIPATING. ANYONE UNDER 16 YEARS OLD MUST BE ACCOMPANIED BY AN ADULT THIS IS A FAMILY FRIENDLY EVENT. ALL CHILDREN MUST BE SUPERVISED BY AN ADULT AT ALL TIMES.

October 2023

Child Guidance Resource Centers

GUN VIOLENCE, CHILDREN & MENTAL HEALTH

PANEL DISCUSSIONS & RESOURCE FAIR

SATURDAY, OCTOBER 21, 2023

9:00 AM - 12:30 PM

The Watkins Center
326 Watkins Ave, Upper Darby, PA

Join us for a day of learning,
understanding & interacting with
a special cause in mind.

Featuring:

Panel Discussions At 9:30 AM & 11:00 AM
Resource Fair with Local Organizations | Kid's Corner For Kids 8 & older
Upper Darby Police Department Will Interact With Youth & Provide Safety Tips

Confirmed Panelists:

9:30 am: Malcolm J. Yates, Public Health Management Corporation, Colleen Kennedy, Supermajority, Pastor Editus Addy, Greater Philadelphia Public Health Action, Staci Clark, PsyD, The School District of Philadelphia, Dr. S. Archye Leacock, Institute for the Development of African American Youth, Carol Lastowka, CeasefirePA, and Kayla Cocci, UDTJ

11:00 am: Delaware County District Attorney Jack Stollsteimer, Delaware County Sheriff Jerry Sanders, Senator Amanda Cappelletti, Senator Tim Kearney, State Rep. Heather Boyd, State Rep. Jenn O'Mara, State Rep. Gina H. Curry, State Rep. Leanne Krueger, State Rep. Lisa Borowski, State Rep. Dave Dellosa, Delaware County Council Chair Dr. Monica Taylor, Delaware County Council Vice Chair Elaine Shaeffer, Delaware County Councilperson Christine Reuther, and Delaware County Councilperson Richard Womack

Organizations Represented:

Child Guidance Resource Centers, CASA Delco, CeaseFire Pa, Heeding God's Call, Institute For The Development Of African-American Youth, Mothers In Charge, Voices for Children



SPACE IS LIMITED! PLEASE [REGISTER HERE!](#)
FOR MORE INFORMATION, CONTACT NIKI MARINELLI AT NMARINELLI@CGRC.ORG



October 2023

I-Lead

It's Never Too Late to Get Your College Degree!

Whether you are just graduating high school
or always wanted to get your degree
(or finish your degree)
the ACE program is perfect for you!



The Achieve College Education (ACE) program is a collaboration developed by I-LEAD, Inc. that brings together community-based organizations and Harcum College to provide associate degree programs for traditionally under-served students. Since 2005, more than 1,500 working adults have earned an associate degree. With full accreditation by the Middle States Commission on Higher Education, graduates can transfer credits to bachelor's degree programs.

I-LEAD designed the ACE college program to address the primary barriers underserved working adults face: time, cost, preparedness, and lack of familiarity with higher education systems. ACE offers affordable tuition, an accelerated format, and evening courses which meet twice a week online in real-time with a live instructor and classmates. Most importantly, the ACE partners work together to support student success from application through to graduation, including navigation of the financial aid process and college administration.

For more information, contact Nolan Fontaine:
nolan.fontaine@i-leadusa.org

Foster Youth Can Attend College for Free!

Did You Know....
That Youth Who Entered Foster Care
Before Age 16 Can Attend College For Free?



I-LEAD, a non-profit that has helped more than 1,500 working adults earn an associate degree, helps foster youth and resource parents find the right college that fits your needs. Our College Coach will help you complete the financial aid forms, apply for scholarships that will allow youth to remain on campus over holidays and breaks, connect with an on-campus advisor, and so much more!

Want to learn more? Contact Cynda Clyde:
cclyde@i-leadusa.org

October 2023

Holcomb Behavioral Health Systems

Holcomb Behavioral Health Systems is pleased to offer the following programs FREE to Delaware County Schools & Community Organizations

Positive Action (1st-3rd Grade): Positive Action is a 6-lesson program which encourages students to make positive choices. It works by teaching and reinforcing that you feel good about yourself when you do positive actions, and there's a positive way to do everything. Positive Action is designed to improve academic achievement, school attendance, and problem behaviors.

Keep A Clear Mind (4th-6th Grade): KACM is a 5-lesson program that introduces the topics of Alcohol, Tobacco, Marijuana, and Making Good Choices, and the harmful effects and consequences of each substance. Each week, a Prevention Specialist will introduce the weekly topic and students are given a workbook to be completed with a parent or guardian at home. KACM encourages parents and youth to start the discussion of drugs and alcohol prevention together at home. KACM is a great way to increase parent engagement in your school!

We Know BETter (4th-9th Grade): We Know BETter is a skill building program that will help students from 4th through 9th grade live lives free of alcohol, tobacco, other drugs and gambling. Problem areas addressed include; media's influence on decision making, perception of peer use and engagement in risky behaviors, and understanding that gambling is a risky behavior.

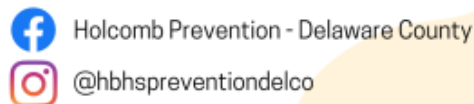
Safe Dates (6th-12th Grade): Safe Dates is a highly engaging and interactive 6-8 session program designed to stop or prevent the initiation of emotional, physical, or sexual abuse between individuals in a dating relationship. Teens learn to recognize the difference between caring, supportive relationships and controlling, manipulative, or abusive relationships.

AVOID (6th-12th Grade): The Anti-Vaping Online Information Dissemination (AVOID) Program is a media-based online prevention toolkit for vape prevention for middle and high school students. It is presented in one-hour weekly sessions, for five weeks. AVOID contains brief educational videos and discussion guides. The videos engage students and provide information. The accompanying discussion guides help Prevention Specialists present these videos to youth and conduct a deeper conversation on vaping topics.

Environmental Campaigns (All Ages): These monthly campaigns aim to break the belief that "everyone is doing it" and educate youth through printed materials, speaking engagements, and activities that, in fact, most youth today are not using drugs or alcohol.

Stall Stories (All Ages): Stall Stories are monthly flyers which highlight environmental campaigns that aim to increase awareness and educate the community on important topics to prevent ATOD use.

2023-2024



For additional information please contact Allison Doherty at Allison.Doherty@chimes.org

These programs are coordinated by Holcomb Behavioral Health Systems and funded by the Delaware County Department of Human Services, Division of Drug and Alcohol.

October 2023

Marcus Hook Area Neighbors For Public Health



Art Contest!

 @marcushookareaneighbors

We want YOUR help to create art for Marcus Hook Area Neighbors for Public Health!

Our Theme: Reimagine Your Environment!

What if there were no tank farms or industrial sites in our community? What could the land be used for instead, and what could that look like? Imagine something that you would build or change in our community to make it a healthier place, and then bring it to life in your art!

- Contest open to residents aged 5-21 living in the 19061 and 19013 zip codes. (Submissions from other communities are welcome but will not be eligible for cash prizes)
- Winners will be selected from two age categories: ages 5-12 and 13-21
- Entries should be 11"x14" (1375x1750 px) in any medium including digital art
- 5-10 finalists in each age group will be chosen by Marcus Hook Area Neighbors leadership team, depending on number of entries
- Community members will vote to choose a winner from the finalists via social media and email
- Winners will receive a cash prize according to their age category (\$100 ages 13-21 and \$75 ages 5-13) and their designs will be featured on Marcus Hook Area Neighbors merch such as t-shirts and totes
- Participants will be invited to show their entries at a community art show and other events

To enter:

Submit scanned artwork to marcushookneighbors@gmail.com
Please include: artist's name, address (will not be made public), and age, along with a title and description of the piece. Submissions will be accepted until November 1, 2023

October 2023

Clean Air Council



Do you have concerns about how the environment impacts your health and your family's health? Take the ASSESS survey to make your voice heard!

Are you 18 or over and living in Boothwyn, Chester City, Chester Township, Eddystone, Linwood, Marcus Hook, Ogden, Parkside, Trainer, Twin Oaks, Upland or Upper Chichester? If you answered yes to these questions, we would like to invite you to complete our survey!

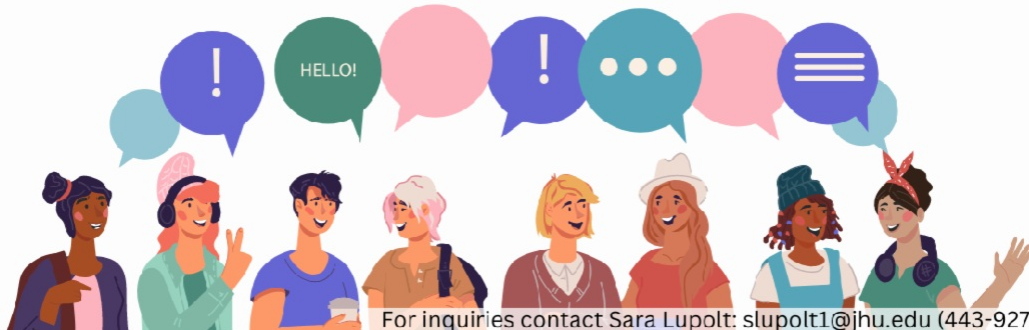
The Clean Air Council, Johns Hopkins Bloomberg School of Public Health, Energy Justice Network, Marcus Hook Area Neighbors for Public Health, and Delco Environmental Justice are conducting a study to investigate the strengths, stressors, and needs of Southern Delaware County communities, as well as health concerns among residents. As part of this study, we are conducting a community health survey. This study will provide information that can be used to advocate for improved public health in the communities of Southern Delaware County. Our study also aims to engage policymakers in the issues that matter most to residents and to empower future community research efforts.

The survey will require approximately 15 to 25 minutes to complete. Participants will be compensated with a \$10 gift card for completion of all required questions in the survey. Participants may also be entered into a raffle to win one of three additional \$50 gift cards if they choose. In order to qualify for participation, you must be 18 and up, live within the study area as listed above, and must provide an email address.

Following the completion of the survey, there will be an opportunity to participate in a focus group which will further investigate the intersection of physical, mental, and community health concerns. Additional compensation will be provided for participation in the focus group. Don't miss this opportunity to engage in these important conversations so that we can work together to advocate for better health outcomes in our community!



**To take the survey scan the QR code with your smart phone camera or visit: redcap.link/assess_survey
Password: healthy families**



For inquiries contact Sara Lupolt: slupolt1@jhu.edu (443-927-3388)

October 2023

Alzheimer Association



AROUND-THE-CLOCK INFORMATION AND SUPPORT

**ALZHEIMER'S ASSOCIATION
24/7 HELPLINE: 800.272.3900**

The free Alzheimer's Association® 24/7 Helpline allows people living with Alzheimer's disease or dementia, caregivers, families and the public to:

- » Speak confidentially with master's-level care consultants for decision-making support, crisis assistance and education on issues families face every day.
- » Learn about the signs of Alzheimer's and other dementias.
- » Get general information about medications and other treatment options, and legal, financial and care decisions.
- » Find out about local programs and services.
- » Receive help in their preferred language through our bilingual staff or translation service, which accommodates more than 200 languages.
- » Access support through our TTY service (TTY: 866.403.3073) if assistance is required via a teletype device.

This project was supported, in part by grant number 90AC2811-01-00 from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects with government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official ACL policy.

alzheimer's  association®

800.272.3900 | alz.org®

alz.org/delval

October 2023

Chester Upland Youth Soccer

Calendar of events.

[View Calendar](#)

October 2023

Keystone First Wellness and Opportunity Center

Keystone First will offer resources for improving overall health and well-being. We

will connect you to programs for mind, body, and spirit. These programs may include:

- Art classes.
- Music performances and classes.
- Exercise and fitness classes.
- Educational opportunities.
- Job training and employment readiness.
- Access to computers and printing.
- GED classes.
- Cooking demonstrations.
- Weekly food pantry.
- Caregiver support.
- Loss and bereavement groups.
- Help with understanding plan benefits and services.
- Health education and screenings.
- Community resource information.

Regular hours

Monday through Friday: 9 a.m. – 5 p.m.

Please call the center at 1-610-245-9847 for information on special programming.

October 2023

Surveys

Please review and share the information below. Delaware County is going through some exciting changes. These changes include expanding the County Park System and a safer County Transportation system. The Delaware County Planning Department needs your feedback to help build a safer transportation system and an improved park system in the County. Please take a moment to go to the websites below to share your thoughts.

Walk Roll Delco (sign up and take the survey! This is about Human-powered transportation)

Vision Zero Delco (Sign up and take the survey! This is about traffic safety for Delco)

Safety Ambassador program (grassroots effort to talk to people about traffic safety and their experience. Comes with a stipend! Submit interest form)

New Park (contains the survey and naming contest info!)

***Please join us for the November CTC meeting
on Thursday, November 9th at 9:00AM.***

ZOOM INFORMATION FOR MEETING

Zoom ID: 955 2608 7607

Passcode: 982073

Join Zoom Meeting

[https://zoom.us/j/95526087607?](https://zoom.us/j/95526087607?pwd=NG9BeWpMTFdVNnJSSHJGZm1EQmNWdz09)

[pwd=NG9BeWpMTFdVNnJSSHJGZm1EQmNWdz09](https://zoom.us/j/95526087607?pwd=NG9BeWpMTFdVNnJSSHJGZm1EQmNWdz09)

Visit CEF's
website



The CTC Newsletter is funded in part by the COPE Grant which is Coordinated by Holcomb Behavioral Health Systems, and funded by the Delaware County Department of Human Services, Division of Drug of Alcohol.

Chester Education Foundation | Chester Education Foundation, 419 Avenue of the States , Suite
700,
Chester, PA 19013

[Unsubscribe robert@chestereducation.org](mailto:robert@chestereducation.org)

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Sent by robert@chestereducation.org powered by



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