

Holcomb Prevention Deserves Your Attention!

Holcomb Behavioral Health Systems is pleased to offer the following programs FREE to Delaware County Schools & Community Organizations

Keep A Clear Mind (4th-6th Grade): KACM is a 5-lesson program that introduces the topics of Alcohol, Tobacco, Marijuana, and Making Good Choices, and the harmful effects and consequences of each substance. Each week, a Prevention Specialist will introduce the weekly topic and students are given a workbook to be completed with a parent or guardian at home. KACM encourages parents and youth to start the discussion of drugs and alcohol prevention together at home. KACM is a great way to increase parent engagement in your school!

Safe Dates (6th-12th Grade): Safe Dates is a highly engaging and interactive 6-8 session program designed to stop or prevent the initiation of emotional, physical, or sexual abuse between individuals in a dating relationship. Teens learn to recognize the difference between caring, supportive relationships and controlling, manipulative, or abusive relationships.

AVOID (6th-12th Grade): The Anti-Vaping Online Information Dissemination (AVOID) Program is a media-based online prevention toolkit for vape prevention for middle and high school students. It is presented in one-hour weekly sessions, for five weeks. AVOID contains brief educational videos and discussion guides. The videos engage students and provide information. The accompanying discussion guides help Prevention Specialists present these videos to youth and conduct a deeper conversation on vaping topics.

Positive Action (1-3rd Grade): Positive Action is a 6-lesson program which encourages students to make positive choices. It works by teaching and reinforcing that you feel good about yourself when you do positive actions, and there's a positive way to do everything. Positive Action is designed to improve academic achievement, school attendance, and problem behaviors.

We Know BETter (4th-9th Grade): We Know BETter is educational programming that includes hands-on, interactive lessons about media influences, the disease of addiction, decision making and refusal skills while also raising your student's awareness of all forms of addiction including gambling. The program runs four weeks.

Know Limits (9th-12th Grade): Know Limits is an engaging and interactive game that increases awareness about issues related to high-risk behaviors including alcohol, tobacco and other drug use and gambling, through activities such as charades, taboo, word scramble and trivia. This is a one-time presentation.

Environmental Campaigns (All Ages): These monthly campaigns aim to break the belief that "everyone is doing it" and educate youth through printed materials, speaking engagements, and activities that, in fact, most youth today are not using drugs or alcohol.

Stall Stories (All Ages): Stall Stories are monthly flyers which highlight environmental campaigns that aim to increase awareness and educate the community on important topics to prevent ATOD use.

For additional information please contact Allison Doherty at Allison.Doherty@holcombbhs.org



@HolcombPrevention